



# HANS RAJ MAHILA MAHA VIDYALAYA JALANDHAR (PUNJAB) INDIA



For Internal Circulation Only

# HMV NEWS

A JOINT VENTURE OF PG DEPARTMENT OF ENGLISH & PG DEPARTMENT OF MULTIMEDIA

**VOL 51 JULY 2023**



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# डी ए वी गान

अविरल निर्मल सलिल सदय,  
ज्ञान प्रदायिनी ज्योतिर्मय,  
हो चहुँदिस उद्घोष अभय ॥  
॥ डी ए वी जय जय ॥

प्रबल प्रवाहमयी नित-नूतन  
जीवन दायिनी सदा सनातन  
वेद प्रणीता परम पुनीता,  
यह धारा अक्षय ॥  
॥ डी ए वी जय जय ॥

दयानन्द से प्रेम-भक्ति ले,  
हंसराज से त्याग-शक्ति ले,  
धर्म-भक्ति का राष्ट्र-शक्ति का,  
हो दिनमान उदय ॥  
॥ डी ए वी जय जय ॥

सुख समृद्धि इसकी लहरें,  
प्रेम शान्ति इसके तट ठहरें,  
सघन शान्तिमय प्रबल कान्तिमय,  
लिए अटल निश्चय ॥  
॥ डी ए वी जय जय ॥

# BLESSINGS FROM THE DESK



**Hans Raj Mahila Maha Vidyalaya (HMV) is celebrating its 97th year of dedicated service to society. With a passionate and zealous approach, the institution embraces both tradition and modernity, providing a unique educational experience that gives its students an unparalleled advantage. HMV focuses on value-based and holistic education, emphasizing not only academic excellence but also preparing students to navigate the uncertainties of life, develop their self-identities, and cultivate self-awareness.**

**The institution's commitment to all-round development is evident in its pedagogical structure, which addresses physical, emotional, social, and intellectual aspects. This approach equips students with confidence and adaptability to thrive in our rapidly changing world. HMV creates a nurturing and personalized environment where students are encouraged to contribute to society's upliftment and embrace their social responsibilities.**

**As the new session begins, I extend my best wishes to the young aspirants. May the Almighty continue to inspire and strengthen us in the years to come!**

**Prof. Dr. (Mrs.) Ajay Sareen  
Principal**

# FROM THE EDITORS

We are delighted to present the latest edition of HMV News, brimming with glorious achievements inspiring stories and plethora of activities conducted throughout the session. As editors, we have meticulously curated content that aims to inform, challenge, and inspire you to broaden your perspectives.

We have included a special feature highlighting the achievements and milestones of the institution, faculty members and students. We believe in celebrating your successes and sharing your journeys, as it is your stories that make our newsletter a vibrant and engaging platform.

We value your feedback and encourage you to share your thoughts, suggestions, and ideas with us. Your input plays a vital role in shaping the future content of our newsletter, ensuring that we continue to meet your expectations and provide a valuable reading experience.

On behalf of our dedicated team, we extend our sincere gratitude to our inspiration and an accomplished and empowered woman, Principal Prof. Dr. (Mrs.) Ajay Sareen for the incessant support. We extend our thanks to Mrs. Ritu Bajaj, In charge Publications for her guidance. We are thankful to Mr. Ashish Chadha for shaping it into its present form.

Happy reading!

The Editors

- **Mrs. Lovleen Kaur Lehal**
- **Mr. Parminder Singh**
- **Dr. Deepti Dheer**

# University First Positions



**Aanchal**

B.A.( Political Sc. Hons.) Sem-III



**Amrita**

M.Sc(Botany) Sem-I



**Avantika**

M.Sc(Botany) Sem-I



**Ayushi Juneja**

B.A.( Psychology Hons.) Sem-III



**Bhavya Jain**

Bachelor of Fine Arts Sem-V



**Bipneet Manaise**

B.A.( Psychology Hons.) Sem-V



**Diksha**

B.Voc(Journalism & Media)Sem-I



**Gagandeep Kaur**

M.Sc(Botany) Sem-III



**Gurpreet Kaur**

PGD in Bioinformatics Sem-I



**Gursimar Kaur**

B.Voc(Cosmetology & Wellness)Sem-III



**Hritika**

M.Voc(Cosmetology & Wellness)Sem-I



**Isha Arora**

Bachelor of Computer Application Sem-III



**Isha Kumari**

B.A.( Hindi Hons.) Sem-III



**Jahanvi Mahajan**

B.D(Multimedia) Sem-III



**Jasleen Kaur**

B.Sc (Bio technology) Sem-I



**Jasneet Dhanjal**

Bachelor of Fine Arts Sem-I

# University First Positions



Jaspreet Kaur

B.D(Multimedia) Sem-VII



Jasvir Kaur

B.Voc(Journalism & Media)Sem-V



Kanishka

B.Voc(Fashion Technology)Sem-I



Kanupriya Sharma

B.Sc (Non Medical) Sem-I



Kritika

B.Voc(Banking & Financial Services )Sem-V



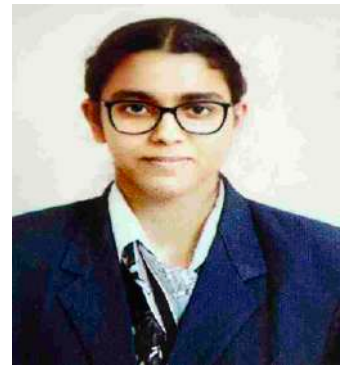
Manleen Kaur

B.Voc(Web Technology & Multimedia)Sem-I



Manpreet Kaur

M.Voc(Web Technology & Multimedia)Sem-I



Manpreet Kaur

M.A Political Science Sem-I



Mehar Sekhon

Diploma in Counselling Sem-I



Monika Devi

B.Sc(Information Technology) Sem-I



Muskan

B.Voc(Banking & Financial Services )Sem-III



Navi Sharma

M.Voc(Mental Health & Counselling)Sem-III



Navneet Kaur

M.Sc.(Fashion Designing & Merchandising) Sem-I



Navneet Kaur

B.Sc (Computer Science) Sem-I



Neeru Sharma

B.A/B.Sc.(Economics Hons.) Sem-III



Palak Soni

B.Voc(Web Technology & Multimedia)Sem-III

# University First Positions



Pearl Sekhri

B.Voc(Mental Health & Counselling)Sem-I



Priya

M.A Economics Sem-III



Reena

B.Voc(Journalism & Media)Sem-I



Roohani

B.Voc(Mental Health & Counselling)Sem-III



Sakshi

M.Voc(Cosmetology & Wellness)Sem-I



Sakshi Badola

B.Voc(Journalism & Media)Sem-III



Shamli Sharma

Bachelor of Commerce Sem-I



Shirleen Kaur

B.Voc(Mental Health & Counselling)Sem-V



Shruti

B.Voc(Beauty Culture & Cosmetology)Sem-I



Shweta

B.D(Multimedia) Sem-V



Simranjit Kaur

M.Voc(Cosmetology & Wellness)Sem-III



Snigdha

B.Voc(Cosmetology & Wellness)Sem-V



Sonali

B.Voc(Fashion Technology)Sem-V



Sonali Beri

M.Voc(Web Technology & Multimedia)Sem-III



Sughandhi

B.Com(Hons) Sem-V



Suhani

M.Voc(Mental Health & Counselling)Sem-I



# University First Positions



**Tania Sethi**

M.Sc.(Bio-informatics) Sem-I



**Taruna Kumari**

PGD Cosmetology Sem-I



**Aanchal**

M.Vac(Cosmetology & Wellness)Sem-III



**Ankita Jain**

Bachelor of Fine Arts Sem-I

# University Second Positions



**Basma Nudrat**

B.Voc(Mental Health & Counselling)Sem-III



**Bharti**

PGD in Business Management Sem-I



**Bhavya Arora**

B.Voc(Banking & Financial Services )Sem-V



**Bhumika Sharma**

B.A.( Hindi Hons.) Sem-III



**Deepanshi**

B.Sc (Bio technology) Sem-III



**Dhriti Malhan**

Bachelor of Commerce Sem-I



**Gaytri Sharma**

B.Voc(Fashion Technology)Sem-I



**Gurpreet Kaur**

M.Voc(Mental Health & Counselling)Sem-I



**Ishita**

Bachelor of Design Sem-III



**Jagroop Kaur**

M.Sc.(Bio-informatics) Sem-I



**Jaisnoor Kaur**

B.A.( Psychology Hons.) Sem-III



**Jasneet Kaur**

B.Voc(Web Technology & Multimedia)Sem-V

# University Second Positions



**Jobanveer Kaur**

B.Sc(Non-Medical) Sem-V



**Kajal**

B.Com(Hons.) Sem-V



**Komal**

B.Sc(Information Technology) Sem-III



**Krishika Chauhan**

B.D(Multimedia) Sem-V



**Kriti**

B.Com(Hons.) Sem-III



**Kumakshi**

M.Sc.(Information Technology) Sem-III



**Lashmi Devi**

B.A.( Psychology Hons.) Sem-III



**Mankiran Kaur**

B.Sc (Bio technology) Sem-I



**Manmeet Kaur**

B.Voc(Mental Health & Counselling)Sem-I



**Mann Kamal Kaur**

M.Voc(Mental Health & Counselling)Sem-III



**Manpreet Kaur**

B.Voc(Banking & Financial Services )Sem-III



**Manpreet Kaur**

Diploma in Counselling Sem-I



**Manpreet Kaur Kooner**

B.Voc(Journalism & Media)Sem-V



**Mansi Sharma**

B.A/B.Sc.(Economics Hons.) Sem-III



**Manveer Kaur**

B.Voc(Cosmetology & Wellness)Sem-V



**Manyata Kalsi**

B.Voc(Cosmetology & Wellness)Sem-III

# University Second Positions



**Nargis Jaitwani**

M.A. English Sem-I



**Navpreet Kaur**

B.Sc (Bio technology) Sem-V



**Neha Jassal**

B.Voc(Web Technology & Multimedia)Sem-I



**Nishtha Jairath**

M.A.(Journalism & Mass Communication) Sem-I



**Paramjeet Kaur**

B.Voc(Web Technology & Multimedia)Sem-III



**Parul Chauhan**

B.Voc(Mental Health & Counselling)Sem-V



**Pooja**

B.A.(Hindi Hons.) Sem-V



**Preeti Gupta**

Bachelor of Fine Arts Sem-I



**Priyanka**

M.Sc(Botany) Sem-I



**Rajdeep**

B.Sc(Computer Science) Sem-III



**Reema**

M.Sc(Botany) Sem-III



**Richa Kumari**

B.Voc(Journalism & Media)Sem-I



**Ritika**

B.A/B.Sc.(Economics Hons.) Sem-V



**Riya Khurana**

B.Voc(Journalism & Media)Sem-III



**Ruchika**

M.Voc(Web Technology & Multimedia)Sem-I



**Sabreen Khatun**

B.D(Multimedia) Sem-III

# University Second Positions



Saloni Metlaw

B.A.( Political Sc. Hons.) Sem-III



Samriti Kaur

B.Voc(Beauty Culture & Cosmetology)Sem-I



Samriti Sharma

Bachelor of Fine Arts Sem-III



Sejal Vedi

Sejal Vedi

B.A.( Psychology Hons.) Sem-V



Simrandeep Kaur

M.Sc.(Bio-informatics) Sem-III



Simranjeet Kaur

PGD in Bioinformatics Sem-I



Safty

B.A/B.Sc.(Economics Hons.) Sem-III



Srishti Bhagat

M.Voc(Web Technology & Multimedia)Sem-III

# University Third Positions



Yashjit Kaur

M.Voc(Cosmetology & Wellness)Sem-I



Aarushi

B.Sc (Bio technology) Sem-I



Aarzoo

M.Voc(Cosmetology & Wellness)Sem-III



Aditi Sharma

M.Sc(Botany) Sem-I



Amandeep Kaur

B.Voc(Mental Health & Counselling)Sem-III



Anamika

B.A/B.Sc.(Economics Hons.) Sem-III



Anjana

M.Voc(Mental Health & Counselling)Sem-III



Bhawna

Bachelor of Fine Arts Sem-V

# University Third Positions



**Bhumika**

PGD in Business Management Sem-I



**Chetna**

B.Com(Hons.) Sem-V



**Deepa Pardhan**

B.Voc(Journalism & Media)Sem-I



**Deepali**

B.Com(Hons.) Sem-V



**Dhriti**

B.A/B.Sc.(Economics Hons.) Sem-III



**Kajal**

Bachelor of Commerce Sem-V



**Khushi**

B.D(Multimedia) Sem-V



**Manokamna**

B.A.( Hindi Hons.) Sem-III



**Mehakash**

B.Voc(Mental Health & Counselling)Sem-V



**Mishtha**

B.Com(Hons.) Sem-III



**Mitalee Sharma**

M.Voc(Mental Health & Counselling)Sem-I



**Nandika Mehra**

B.Voc(Banking & Financial Services )Sem-V



**Navneet Kaur**

M.Sc(Botany) Sem-III



**Pallavi Jain**

M.Sc.(Bio-informatics) Sem-I



**Priyanshu**

B.A.( Psychology Hons.) Sem-V



**Ramnik Kaur**

Bachelor of Computer Application Sem-V

# University Third Positions



Rhythm

B.A.( Political Sc. Hons.) Sem-III



Sahibpreet Kaur

B.Voc(Journalism & Media)Sem-III



Sehajdeep Saini

B.Sc (Bio technology) Sem-III



Simran

B.Voc(Cosmetology & Wellness)Sem-III



Simranjeet Kaur

B.Voc(Fashion Technology)Sem-I



Suhani

B.Com(Hons.) Sem-V



Sumandeep Kaur

B.Voc(Fashion Technology)Sem-V



Surbhi

B.Voc(Journalism & Media)Sem-V



Surbhi

B.A/B.Sc.(Economics Hons.) Sem-V



Tanvi Aggarwal

M.Voc(Web Technology & Multimedia)Sem-I



Teena

B.D(Multimedia) Sem-VII



Vanshika Gupta

B.Voc(Cosmetology & Wellness)Sem-V



Yangchen Dolker

Bachelor of Fine Arts Sem-III

## Gloria: Awards and Honours

01/06/2023

HMV awarded as Best Institute in Skill Development and Education in the Education World Grand Jury Awards



Principal Prof. Dr. (Mrs.) Ajay Sareen has ushered a golden age and took the institution to yet greater heights by adding another feather to its golden cap. Principal Sareen received the Award of Best Institute in Skill Development and Education from Education World in Grand Jury Higher Education Rankings 2023-24. With this Hans Raj Mahila Maha Vidyalaya stands at No. 1 in Punjab and at No. 6 in India in the Education World rankings. HMV was commended especially for new age, career oriented skill development education programmes. Project Coordinator Dr. Anjana Bhatia said that HMV was selected on the basis of skill development projects especially aimed at women empowerment and social outreach towards skill building of marginalised women. The award ceremony was held at New Delhi where the topmost higher education institutes were honoured for their extraordinary achievements. Principal Dr. Ajay Sareen thanked the mentors at DAVCMC New Delhi and congratulated the faculty, staff, students and stakeholders for their continuous support which has enabled the institution to have this award.

09 /06/2023

**HMV Hailed as a leading and a ‘Performer Institute’ in ARIIA Rankings, 2021.**

Hans Raj Mahila Maha Vidyalayahas proudly emerged as a ‘Performer Institute’ in the prestigious Atal Ranking of Institutions on Innovation Achievement (ARIIA), 2021, a flagship program of the Ministry of Education, Government of India. The institute has received this remarkable recognition under the category of non-technical institutions, reaffirming its commitment to fostering innovation and creativity within its academic community. The Atal Ranking of Institutions on Innovation Achievement (ARIIA) is a pioneering initiative that aims to promote a culture of innovation and entrepreneurship among higher education institutions in India. By combining the ARIIA ranking with the National Institutional Ranking Framework (NIRF), the Ministry of Education has established a comprehensive evaluation system that assesses institutes across various domains, including innovation, teaching, research, and outreach. HMV's exceptional performance in the ARIIA rankings is a testament to its unwavering dedication to nurturing a culture of innovation within its campus. The institute has consistently encouraged its students and faculty members to think creatively, push boundaries, and develop ground breaking solutions to real-world challenges. In addition to its exceptional ranking in the ARIIA

program, HMV has also received a certificate of appreciation for its outstanding contributions in the field of innovation. This recognition underscores the institute's commitment to fostering an environment that stimulates creativity and entrepreneurship among its students, faculty, and staff members. "We are thrilled and honored to be recognized as a top performer in the Atal Ranking of Institutions on Innovation Achievement," remarks the elated Principal Prof. Dr. Mrs. Ajay Sareen. "This achievement is a testament to the hard work, dedication, and innovative spirit of our entire academic community. We remain committed to providing an exceptional environment for our students, where they can explore their creative potential and contribute meaningfully to society through innovative solutions." She congratulated the entire team led by Dr. Anjana Bhatia comprising of Dr. Rakhi Mehta, Lt. Sonia Mahindru, Mrs. Alka Sharma, Mrs. Lovleen Kaur, Mrs. Navneeta, Mr. Ashish, Ms. Harpreet, Dr. Jaspreet, Dr. Minakshi, Dr. Simmi and Mr. Vidhu Vohra.

**13 /06/2023**

### **HMV etches its name with Golden Letters in The Week Rankings**

Under the dynamic guidance of Principal Prof. Dr. (Mrs.) Ajay Sareen Hans Raj Mahila Maha Vidyalaya is achieving new landmarks with every break of the dawn. HMV has once again established its charismatic presence in the field of education by getting 1<sup>st</sup> rank in Punjab in Arts, Science and Commerce and 2<sup>nd</sup> rank in Mass Communication and Fashion Designing. The Week Hansa Research Survey-2023 of Best Colleges. Principal Prof. Dr. (Mrs.) Ajay Sareen expressed her thanks to the continuous support of the mentors of DAV Managing Committee, New Delhi, Local Committee and the entire HMV family for their efforts. Philanthropist Sh. Sudhir Sharma



and Principal Dr. Sareen congratulated the Ranking Team, which included Project Coordinator Dr. Anjana Bhatia, Mrs. Rama Sharma, Head of Mass Comm Department, Lt. Sonia Mahindru, Mrs. Jyotika Minhas, Dr. Rakhi Mehta, Head of BD Department, Head of FD Department Mrs. Navneeta, Dr. Minakshi Duggal Mehta, Dr. Shuchi and Dr. Simmi. On this occasion, Dean Academics Dr. Seema Marwaha, Dr. Neelam Sharma and IQAC Coordinator Dr. Ashmeen Kaur were also present.

**24/06/2023**

### **HMV Become Best College in Punjab in India Today Rankings Number One in Arts, Science and Commerce**

Hans Raj Mahila Maha Vidyalaya, Jalandhar has once again established its charismatic presence in the field of education by achieving new landmarks under the dynamic guidance of Principal Prof. Dr. (Mrs.) Ajay Sareen. HMV has got 1<sup>st</sup> Rank in Punjab in Arts, Science, Commerce, 3<sup>rd</sup> Rank in Punjab in Mass Communication, 4<sup>th</sup> Rank in Punjab in Fashion Designing and 7<sup>th</sup> Rank in Punjab in BCA in India Today Rankings. HMV has made its place in Top 10 colleges of India-Value for Money. Principal Prof. Dr. (Mrs.) Ajay Sareen expressed her thanks to the continuous support of the members of DAVCMC, Local Advisory Committee and the entire HMV Family. She congratulated the Project Coordinator Dr. Anjana Bhatia. Dr. Anjana Bhatia said that HMV has made its mark and achieved the position of top most college of Jalandhar in almost every stream. Principal Prof. Dr. (Mrs.) Ajay Sareen also congratulated Head of Mass Communication Mrs. Rama Sharma, Lt. Sonia Mahendru, Ms. Jyotika Minhas, Head of Design Department Dr. Rakhi Mehta, Mrs. Navneeta from Fashion Designing Department, Dr. Minakshi Duggal Mehta, Dr. Shuchi and Dr. Simmi.



**07/01/2023**

**HMV recognised at National Level for its Unique Waste Paper Recycling Unit**

Prime Minister Sh. Narendra Modi recognized the efforts of HMV for doing exceptional work in inculcating the spirit of waste management. HMV's Waste Paper Unit was also appreciated for working in sync with Prime Minister's vision. HMV was invited to Pune to showcase its waste paper management initiative in National Conference on 'Education for Sustainable Development: Putting ESD in to Action' organised by Bhartiya Vidyapeeth Pune in collaboration with ESD Expert Net and Engagement Global, Germany. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated Dr. Anjana Bhatia and Dr. Jatinder for their efforts.



Justice (Retd.) Sh. N.K. Sud, Vice President, DAVCMC and Chairman, Local Committee also lauded the efforts of HMV in meeting the sustainable development Goals set by United Nations.

**16/01/2023**

**HMV Received Appreciation from Unnat Bharat Abhiyan**

Hans Raj Mahila Maha Vidyalaya, Jalandhar received appreciation for its efforts towards awareness programme under Unnat Bharat Abhiyan by Rural Development Department NITTR, Chandigarh (Regional Coordinating Institute for Unnat Bharat Abhiyan). The students of college participated in online quiz on millets which aimed at making them aware about the benefits of millets and to celebrate the year 2023 as the International Year of Millets. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated the students and members of Unnat Bharat Abhiyan comprising Dr. Minakshi Duggal Mehta, Dr. Anjana Bhatia, Mrs. Urvashi, Mr. Sushil Kumar, Mrs. Shefali Kashyap and Mrs. Alka Sharma for this achievement.



Justice (Retd.) Sh. N.K. Sud, Vice President, DAVCMC and Chairman, Local Committee also lauded the efforts of HMV in always meeting its social responsibilities.

**27/01/2023**

**Principal Prof. Dr. (Mrs.) Ajay Sareen honoured at 74<sup>th</sup> Republic Day**

Principal Prof. Dr. (Mrs.) Ajay Sareen was honoured at 74<sup>th</sup> Republic Day ceremony organized by Distt. Administration. The award was presented by Honourable Governor of Punjab Sh. Banwari Lal Purohit. On this occasion, Sh. Vijay Kumar Janjua, IAS, Chief Secretary, Commissioner Smt. Gurpreet Sapra (IAS), ADGP Law and Order, Mr. Arpit Shukla, Deputy Commissioner Jalandhar S. Jaspreet Singh IAS and Commissioner of Police Mr. Kuldeep Chahal IPS were also present. Prof. Dr. Ajay Sareen was honoured for her excellent contribution in the field of education and spreading environment consciousness among the students. She is the only Principal amongst the colleges of Jalandhar to get this award. Prof. Dr. Ajay Sareen thanked Distt. Administration for this honour.



**20/03/2023**

**Principal Dr. Ajay Sareen Selected as Zonal Joint Secretary of North Zone AICP**

It puts HMV in exhilarating mood to celebrate the selection of Principal Prof. Dr. Mrs Ajay Sareen as the Zonal Joint Secretary of North Zone AICP. Association of Indian College Principals is the first registered organization of College Principals at the national level which provides a pious platform to academicians, administrators and policy makers from all walks of education sector to facilitate things by providing a comprehensive communication channel. Principal Dr. Ajay Sareen has been selected for the coveted position for being a women with a noble vision and a reflection of an empowered woman helping the entire gender to realise their goals. She has initiated copious ventures in collaboration with District Administration, NGOs, MNCs, educational institutes which include starting Project Green Jalandhar, maintaining a green belt in front of the college, establishing the first food forest, installing waste paper recycling unit, teaching students of slum areas, adopting villages under UBA, providing free skill enhancement programmes, creating awareness for voting, promoting Indian culture by replacing convocation gowns with traditional Angvastras, launching Legal Literacy Cell, Cyber Law Cell, HMV On-campus Radio, HMV Mobile App and many more in the list. She is also the youngest recipient of the Mahatma Hans Raj Best Principal Award, Principal par excellence award, Nadia Murad Woman Excellency Award, Iron Lady Award, Mahatma Gandhi Award for Noble Peace, Award of Extraordinary Leadership from Education World, along with numerous honours which vouchsafe her capabilities. Principal Dr. Ajay Sareen expressed her gratitude towards the Almighty, DAV Managing Committee and AICP. She further expressed that she is committed heart and soul to the welfare of the society and nation.

**16 /06/2023**

**Prof. Dr. (Mrs.) Ajay Sareen appointed as member in Sanjh Family Mediation Team**

Principal Prof. Dr (Mrs.) Ajay Sareen was appointed as Civil member in the Sanjh Family Mediation Team of Domestic Counselling by Community Affairs Division of office of special Director General Police. The faculty and staff members of the college congratulated her. She said that she is feeling honoured to be a part of this team and she will try her best to achieve the objective of providing family counselling to the affected. Families are meant to be survived for the bright future of the societies. She said that the responsibility given by the authorities is huge but she will give her best to achieve success. She also thanked DAV Mentors for their constant support.



**02/01/2023**

**Planner 2023 Released by DAVCMC Mentors**

As per the annual practice of Hans Raj Mahila Maha Vidyalaya, Planner 2023 was released by President DAVCMC Padamshree Dr. Punam Suri, Vice President Mr. H.R. Gandhar and Director Higher Education IAS (Retd.) Sh. Shiv Raman Gaur in New Delhi. They appreciated the efforts of HMV team and said that it is a very good initiative taken by the college every year. Principal Prof. Dr. (Mrs.) Ajay Sareen told them that the theme of the planner is "Excellence" which HMV has achieved at various platforms. On all these achievements, President DAVCMC Padamshree Dr. Punam Suri congratulated Prof. Dr. Ajay Sareen and prayed to Almighty for more success. This planner has the contribution of Mr. Sushil Kumar (In charge) and Members Dr. Anjana Bhatia, Dr. Meenu Talwar and Mr. Ravi Maini.



**04/03/2023**

**Eminent Punjabi Literary Figures Honored at HMV**

In collaboration with Hans Raj Mahila Maha Vidyalaya Jalandhar, Lok Manch Punjab today honoured three eminent Punjabi literary figures in an impressive function organized in the college. Prominent story teller Waryam Singh Sandhu was conferred with 'Aapni Awaaz Award-2022', renowned poet Madan Veera with 'Kavilok Award-2022', and Sukhwinder Amrit with 'Aapni Awaaz Mahila Award'. The Aapni Awaaz Awards included one lakh rupees in cash and a souvenir, and the Kavilok Award comprised thirty-one thousand rupees. The chief guest of the event Padma Shri Dr. Surjit Patar was welcomed by Principal, Hans Raj Mahila Maha Vidyalaya Prof. Dr. (Mrs.) Ajay Sareen and Lok Manch Punjab Chairman Dr. Lakhwinder Singh Johal. The event was successfully organized with the great efforts of the head of Punjabi department of the college Mrs. Navroop. The stage was conducted by Mrs. Kuljit Kaur. LokManch Punjab Vice President Dr. Harjinder Singh Atwal said that in this event Dr. Baldev Singh Dhaliwal, Dhahan prize winner Balwinder Singh Grewal, and Mrs. Navroop presented their views on the honoured writers. Letters of honour were read by Mrs. Veena Arora and Dr. Sandeep Kaur Sarhali. A large number of students and scholars including AtmParkash Singh, Surinder Saini, Deepak Bali, Santokh Singh Randhawa, Satnam Singh Chana, Dr. Ram Murthy, Rakesh Shantidut, Jatinder Hans, Harish Agarwal were among other present in the event.



**25/03/2023**

**HMV Faculty member delivered invited talk at International Conference at UAE**

Dr. Harpreet Singh, Head PG Department of Bioinformatics visited Dubai as an invited speaker in the HCT International Conference on Advancements in Health Sciences organized by the Higher Colleges of Technology, UAE at the Dubai Men's Campus from 8-9 March, 2023. Dr. Harpreet Singh presented his research work related to drug discovery to develop novel drugs against Malaria parasites. It is notable the work presented is a part of the research project funded by the UAE Government with a grant of about Rs. 43 Lacs in which Dr. Harpreet Singh is a co-investigator. Dr. Harpreet Singh expressed his heartfelt gratitude to the DAV College Managing Committee and Principal Prof. Dr. (Mrs.) Ajay Sareen for their constant motivation which made it possible to represent Hans Raj Mahila Maha Vidyalaya on such a big platform. Dr. Harpreet Singh also thanked the Management of the HCT and the Conference Organizing Committee, especially Prof. Gregory Blatch for giving him this opportunity and their great hospitality. Principal Prof. Dr.(Mrs.) Ajay Sareen congratulated Dr. Harpreet Singh and the PG Department of Bioinformatics for this unique achievement and constantly yielding such international rewards.



**05/03/2023**

**HMV Cadet honoured with DG NCC Commendation Card**

NCC Army Wing cadet of Hans Raj Mahila Maha Vidyalaya Jalandhar U/O Arpandeeep Kaur has been awarded with Director General NCC Commendation Card and Badge 2022 by Commanding Officer Col. NPS Toor 2PB(G) BN NCC Jalandhar for her outstanding contribution in NCC. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated cadet Arpandeeep Kaur and said that she is an inspiration for her Juniors. ANO Lt. Sonia Mahindru gave best wishes to cadet and said that it is really a very proud moment for NCC unit of HMV.



11/02/2023

#### **HMV Students cleared CA Foundation Exam**

Arshia Jain, Himani Singla, Anchal, Gurleen Kaur, Gujeet Kaur, Ridhima Malhotra and Deepali Buggal brought laurels to the institution by clearing CA Foundation Exam, December, 2022. Arshia Jain and Himani Singla cleared the exam with distinction. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated the Head of the Department Mrs. Meenu Kohli, faculty members and students for this achievement. Mrs. Binoo Gupta was also present on this occasion.



22/02/2023

#### **HMV Students Won 2<sup>nd</sup> Prize**

The students of Hans Raj Mahila Maha Vidyalaya participated in Quiz Competition organized by DAV College, Jalandhar on the occasion of Mother Language Day under the able guidance of Principal Prof. Dr. (Mrs.) Ajay Sareen. HMV team comprising of Gurleen Kaur, BA-II, Ekta Kapoor, BA-II and Simranjeet Kaur, MA-I won 2<sup>nd</sup> prize defeating 14 other teams. Principal Prof. Dr. (Mrs.) Ajay Sareen and Dean Youth Welfare Mrs. Navroop congratulated the students, Quiz Incharge Mrs. Binoo Gupta and Dr. Sandeep Kaur.



02/06/2023

#### **Students of Institution Innovation Council bring Laurels to College**

The students of Institution Innovation Council brought laurels to the college by bagging second position in the B-Plan competition organised by Dr. B.R. Ambedkar National Institute of Technology Jalandhar. Ms. Sehajdeep Saini and Ms. Palak Sharma of B.Sc (Biotechnology) presented their business plan for the product named FINEZYMES which is a bio-enzyme made up of organic waste like citrus fruits, jaggery, water and yeast/bacteria. The idea was applauded by judges as besides having no harmful effects the product helps in cleaning the environment also. It is instrumental in having sustainable environment. The students won cash prize of Rs. 3000. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated Dr. Anjana Bhatia, In charge of Institution Innovation Council and students for this achievement. Dr. Minakshi Duggal Mehta, member Institution Innovation Council was also present.



12/03/2023

#### **B.Sc. (IT) Sem-3 Students of HMV got University Positions**

The students of B.Sc. (IT) Sem-3 of Hans Raj Mahila Maha Vidyalaya, Jalandhar got University Positions and brought laurels to the college. Komal got 2<sup>nd</sup> position with 252 marks out of 300, Jasmine Kaur got 5<sup>th</sup> position with 244 marks, Palak Sharma got 6<sup>th</sup> position with 243 marks. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated the students and Head of Department Dr. Sangeeta Arora.



14/03/2023

#### **M. Vocation (Web technology and Multimedia) Sem I got University Positions**

M. Vocation (Web Technology and Multimedia) Semester Ist students of Hans Raj Mahila Maha Vidyalaya, Jalandhar brought



laurels to college by bagging University Positions. Km. Manpreet Kaur bagged 1<sup>st</sup> position by getting 470/500 marks, Km. Ruchika bagged 2<sup>nd</sup> position by getting 469/500, Km. Tanvi Aggarwal bagged 3<sup>rd</sup> position by getting 465/500 and Km. Shreya Aggarwal bagged 4<sup>th</sup> position by getting 458/500. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated Head of the Department Mr. Ashish Chadha, Faculty and the students for this achievement. Mr. Rishabh Dhir from PG Department of Multimedia was also present on this occasion.

**19/03/2023**

**B.Voc (Journalism and Media) Sem-1 students of HMV shine in University**

The students of B.Voc (Journalism and Media)-Sem I brought laurels by winning top positions in Guru Nanak Dev University. Diksha and Reena got first position jointly with 307 marks out of 400. Richa got 2<sup>nd</sup> position with 295 marks, Deepa Pardhan got 3<sup>rd</sup> position with 293 marks, Damanpreet Kaur got 4<sup>th</sup> position with 289 marks, Seema Kumari got 5<sup>th</sup> position with 281 marks and Priya got 7<sup>th</sup> position with 261 marks. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated the students and prayed to the Almighty for their bright future. On this occasion, Head of Department Mrs. Rama Sharma, Ms. Priyanka Jain and Ms. Priya were also present.



**31/03/2023**

**Students of HMV Outshined in M.A. (Eng.) Sem-I**

Students of Hans Raj Mahila Maha Vidyalaya Jalandhar secured university positions in M.A. (Eng.) Sem-I result which was declared by the Guru Nanak Dev University, Amritsar. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated the students and said that the students have once again made us proud. Nargis Jaitwani got First position by securing 279 marks out of 400 and won the title of Gold Medalist student of the university. Further, Deepali Arora became successful in getting 259 marks out of 400 and stood 7<sup>th</sup> in university. In addition to this, Harmandeep Kaur's endeavours awarded her with 256 marks out of 400 and she became successful to secure University's 9<sup>th</sup> position.



**02/04/2023**

**Students of HMV Bagged Top University Positions**

Students of B. Voc (Banking and Financial Services) Semester III of Hans Raj Mahila Maha Vidyalaya, Jalandhar brought laurels to college by securing University positions. Muskan bagged 1<sup>st</sup> position by getting 249/350 marks, Manpreet Kaur bagged 2<sup>nd</sup> position by getting 243/350 marks followed by Gouravi and Jaya who bagged 4<sup>th</sup> and 5<sup>th</sup> position by securing 232/350 and 221/350 marks respectively. College Principal Prof. Dr. (Mrs.) Ajay Sareen and Ms. Aarti Rajput, National President Women Cell (WHRC) congratulated Mrs. Meenu Kohli, Head, PG Department of Commerce and Management, Faculty and the students for this achievement. Dr. Minakshi Duggal Mehta, Assistant Professor was also present on this occasion.



**04/04/2023**

**Students of HMV got Position in M.A. Pol. Sc.**

The students of M.A. Sem-I Political Science of Hans Raj Mahila Maha Vidyalaya, Jalandhar got 1<sup>st</sup> position and 7<sup>th</sup> Position in Guru Nanak Dev University. Km. Manpreet Kaur got 1<sup>st</sup> position with 316/400 marks and Km. Tamanna got 7<sup>th</sup> position with 306/400 marks. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated the students. On this occasion, Mrs. Alka Sharma and Dr. Jiwan Devi were also present.



**06/04/2023**

**Students of HMV Bagged Top University Positions**

Students of B. Voc (Banking and Financial Services) Semester V brought laurels to college by securing University positions. Kritika bagged 1<sup>st</sup> position by getting 242/350 marks, Bhavya Arora bagged 2<sup>nd</sup> position by getting 240/350 marks followed by Nandika Mehra and Lipsa who bagged 3<sup>rd</sup> and 4<sup>th</sup> position by securing 239/350 and 236/350 marks respectively. College Principal Prof. Dr. (Mrs.) Ajay Sareen and Ms. Aarti Rajput, National President Women Cell (WHRC) congratulated Mrs. Meenu Kohli, Head, PG Department of Commerce and Management, Faculty and the students for this achievement. Dr. Minakshi Duggal Mehta, Assistant Professor was also present on this occasion.



**12/04/2023**

**HMV GIRLS SHINE IN UNIVERSITY EXAMS**

Students of PG Department of Physics brought laurels to the institute by bagging two university positions in M.Sc Physics Sem III exams. Ms. Ritika bagged 6<sup>th</sup> position and Ms. Manjot Kaur bagged 8<sup>th</sup> position in university in M.Sc Physics Sem III. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated the faculty members and motivated the students to achieve greater heights.



**18/04/2023**

**B.Voc Beauty Culture & Cosmetology Sem-I students of HMV bagged University Positions**

The students of B.Voc. Beauty Culture and Cosmetology of Hans Raj Mahila Maha Vidyalaya bagged University Positions. Shruti got 1<sup>st</sup> position with 359 marks out of 400. Samriti got 2<sup>nd</sup> position with 355 marks and Ruchika got 5<sup>th</sup> position with 350 marks. Principal Prof. Dr. (Mrs.) Ajay Sareen and Philanthropist Mr. Sudhir Sharma congratulated the students. On this occasion, Head of Department Ms. Mukti Arora and Ms. Aditi were also present.



**21/04/2023**

**Students of Bachelor of Design Sem-3 of HMV got University Positions**

The students of Bachelor of Design Semester 3<sup>rd</sup> got University Positions. Ishita got 2<sup>nd</sup> University Position with 557 marks out of 600 marks, Khushi Pandey got 6<sup>th</sup> University Position with 541 marks, Khushi got 7<sup>th</sup> University Position with 539 marks, Jasmine got 10<sup>th</sup> University Position with 532 marks. Principal Prof. Dr. (Mrs.) Ajay Sareen Congratulated Head of Design Department Dr. Rakhi Mehta and the students.



**22/04/2023**

**Students of HMV Outshine in B.Com Sem-I**

Students of B.Com Sem-I of Hans Raj Mahila Maha Vidyalaya, Jalandhar brought laurels to the institution by holding various positions. Shamli Sharma bagged 1<sup>st</sup> position by scoring 297 out of 350 marks, Dhriti Malhan got 2<sup>nd</sup> position with 285 marks, Harshdeep Kaur secured 5<sup>th</sup> position with 276 marks and Nikita Roopra got 9<sup>th</sup> position with 272 marks. Principal Prof. Dr. (Mrs.) Ajay Sareen



congratulated the Head of the Department Mrs. Meenu Kohli, faculty members and students for this achievement. On the occasion Ms. Binoo Gupta, Ms. Meenu Kundra, Ms. Savita Mahendru, Dr.Jaspreet, Ms. Ritu Bahri, Ms. Sonal were also present.

**26/04/2023**

**Students of HMV got University Positions in B.B.A Sem-V**

Students of B.B.A (Sem-V) of Hans Raj Mahila Maha Vidyalaya, Jalandhar brought laurels to the institution by holding University Positions. Geetanjali bagged 3<sup>rd</sup> position by scoring 255 out of 350 marks, Gaurika got 5<sup>th</sup> position with 251 marks. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated the Head of the Department Mrs. Meenu Kohli, faculty members and students for this achievement. On this occasion Mrs. Binoo Gupta, Mrs. Meenu Kundra, Mrs. Savita Mahendru, Dr. Jaspreet , Mrs. Ritu Bahri and Ms. Sonal were also present.



**30/04/2023**

**HMV students got University positions in M.Voc (Web Technology and Multimedia) Sem - III**

Students of M.voc (Web Technology and Multimedia) Sem-III of Hans Raj Mahila Maha Vidyalaya got university positions in Guru Nanak Dev University. Km. Sonali Beri stood 1<sup>st</sup> in university with 470 marks, Km. Srishti Bhagat stood 2<sup>nd</sup> with 465 marks and Km. Bhavya Manocha stood 4<sup>th</sup> with 452 marks out of 500. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated the students and Head of the Department, Mr. Ashish Chadha and students. On this occasion, Mr. Rishabh Dhir was also present.



**02/05/2023**

**M.A. (Eco.) Sem 3 students of HMV topped in University**

Km. Priya, a student of M.A. (Eco.) Sem 3 of Hans Raj Mahila Maha Vidyalaya, brought laurels to the college by getting top position in University. Priya got 74% marks. In addition, all the students of M.A. (Eco.) Sem 3 passed in 1<sup>st</sup> division. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated the students for their outstanding achievement. Dr. Shallu Batra, Head of Economics Department also encouraged the students for achieving greater heights. On this occasion, Mrs. Jyotika Minhas, Ms. Rinku and Ms. Bhawna were also present.



**4/05/2023**

**Students of B.Lib Sem-I of HMV got University Positions**

The students of B.Lib- Sem-I of Hans Raj Mahila Maha Vidyalaya, Jalandhar got positions in the University exam. Kajal Chuadhary got sixth position with 282/400, Jyoti Sharma got seventh position with 279 marks. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated the students and faculty members Mr. Harpreet Singh, Ms. Anita Kapoor and Mr. Rajneesh Kumar.



**05/05/2023**

**Students of HMV Outshine in B.Com (Hons.)Sem-III**

Students of B.Com (Hons.) Sem-III of Hans Raj Mahila Maha Vidyalaya, Jalandhar brought laurels to the institution by holding various positions. Kriti got 2<sup>nd</sup> position with 42 out of 50 marks, Mishtha secured 3<sup>rd</sup> position with 41 marks and Anamika got 4<sup>th</sup> position with 40 marks. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated the Head of the



Department Mrs. Meenu Kohli, faculty members and students for this achievement. On the occasion Dr. Seema Marwaha (Dean Academics), Mrs. Kanika Sharma and Mrs. Shayna Monga were also present.

**07/05/2023**

**BFA Students of HMV Got University Positions**

The students of Bachelor of Fine Arts (BFA) 1<sup>st</sup> semester university positions. Jasneet got 1<sup>st</sup> position with 361 marks out of 400. Ankita and Preeti bagged 2<sup>nd</sup> position with 358 marks. Chahat Saggi got 6<sup>th</sup> position with 340. Radha got 7<sup>th</sup> position with 339 marks. Somya Jain got 8<sup>th</sup> position with 336 marks and Megha got 9<sup>th</sup> position with 332 marks. Principal Prof. Dr. (Mrs.) Ajay Sareen and Head of Fine Arts Department Dr. Neeru Bharti Sharma congratulated the students.



**08/05/2023**

**Students of B.Voc. (MHC) Sem-I of HMV got University Positions**

The students of B.Voc. Mental Health Counseling Sem-1 bagged 1st position, 2nd Position, 3rd Position, 4th position & 5th position in Guru Nanak Dev University. Km. Pearl got 1st position with 337/400 marks, Km. Manmeet got 2nd position with 335/400 marks, Km. Akanksha got third position with 325/400 marks, Km. Ridhima got 4th position with 322/400 marks, Km. Jia got 5th position with 286/400 marks. On this occasion Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated Dr. Ashmeen Kaur, Head of PG Department of Psychology, Faculty Members and Students for this achievement.



**11/05/2023**

**HMV students captured First Five University Positions in B.Com (Hons.)Sem-V**

Students of B.Com (Hons.) Sem-V brought laurels to the institution by holding various positions. Sughandhi got 1<sup>st</sup> position with 44 out of 50 marks, Kajal secured 2<sup>nd</sup> position with 43 marks, Suhani, Deepali & Chetna bagged 3<sup>rd</sup> position with 42 marks, Tanya got 4<sup>th</sup> position with 41 marks and Jyoti got 5<sup>th</sup> position with 40 marks. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated the Head of the Department Mrs. Meenu Kohli, faculty members and students for this achievement. On the occasion Dr. Seema Marwaha (Dean Academics), Mrs. Kanika Sharma and Mrs. Shayna Monga were also present.



**16/05/2023**

**M.A. Economics Sem III students of HMV brought laurels**

The students of M.A. Economics Sem III brought laurels to the college by working with Foundation for Economic Growth and Welfare. Priya, Akshita Aggarwal and Neha worked with the Foundation under the guidance of Head of Economics Department Dr. Shallu Batra. These students contributed to the study "Economics of Sports" being undertaken by E-Growth for the Ministry of Youth Affairs and Sports, Govt. of India. Principal Prof. Dr. (Mrs.) Ajay Sareen gave her best wishes to the students for future endeavours and motivated them to keep working on research. Dr. Shallu Batra also encouraged the students for achieving greater heights. Mrs. Jyotika Minhas, Ms. Rinku and Ms. Bhawna were also present to congratulate them.





**17/05/2023**

**Students of HMV outshine in PGDBM Sem 1 result**

Students of PGDBM Semester 1 brought laurels to the institution by securing various positions. Bharti bagged 2<sup>nd</sup> position by scoring 241 marks out of 300 marks and Bhumika stood at 3<sup>rd</sup> position by securing 240 marks. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated the Head of the PG Department of Commerce and Management, Mrs. Meenu Kohli, faculty members and students for this achievement. On the occasion Mrs. Binoo Gupta and Mrs. Kanika Sharma were also present.



**18/05/2023**

**HMV Students Passed Sector Skill Council Exam**

The students of Hans Raj Mahila Maha Vidyalaya cleared the laurels of Sector Skill Council Exam with flying colours. The students of PG Department of Mass Comm. and Video Production (B.Voc. Journalism and Media) and PG Department of Multimedia passed various Qualification Packs of Media and Entertainment Skill Council, New Delhi. These levels were Correspondent, Lighting Director Editor in Chief and Graphic Designer. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated the students. She told that the students get themselves certified from Sector Skill Council under B.Voc Courses. It gives them more weightage during placements. HMV is providing Sector Skill Council Courses to the students with professional approach which includes B.Voc. Journalism and Media and B.Voc (Web Technology and Multimedia).



**21/05/2023**

**Students of B.Voc Mental Health Counseling Sem-3 got University Positions**

The students of B.Voc.Mental Health Counseling Sem 3 of Hans Raj Mahila Maha Vidyalaya, Jalandhar bagged 1st position, 2nd Position & 3rd Position in Guru Nanak Dev University. Km. Roohani got 1st position with 364/400 marks, Km. Basma got 2nd position with 333/400 marks, Km. Amandeep got third position with 280/400 marks. On this occasion Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated Dr. Ashmeen Kaur ,Head of PG Department of Psychology, faculty members and Students for this achievement.



**22/05/2023**

**B.A. Hons. Political Science Sem-III students of HMV topped in University**



The students of B.A. Hons. Political Science Sem-III of Hans Raj Mahila Maha Vidyalaya, Jalandhar got first 4 positions and 6 positions in University Examination. Aanchal got 1<sup>st</sup> position with 90/100 marks, Saloni got 2<sup>nd</sup> position with 88 marks, Rhythm got 3<sup>rd</sup> position with 87 marks, Kirmanbir Kaur and Muskan got 4<sup>th</sup> position with 80 marks and Aastha got 6<sup>th</sup> position with 70 marks. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated the students. On this occasion Head of Department Mrs. Alka Sharma was also present.

**23/05/2023**

**M.A. (Economics) Sem I student of HMV Shine in University**

Km. Shyna student of M.A. (Economics) Sem I brought laurels to the college. She got 6<sup>th</sup> position in university with 74% marks. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated the students and motivated her to maintain her position. Dr. Shallu Batra, Head of Economics Department also congratulated her. Mrs. Jyotika Minhas, Ms. Rinku and Ms. Bhawna were also present there.



**24/05/2023**

**B.Voc (Fashion Technology) Sem-I students of HMV shine in University**

The students of B.Voc. (Fashion Technology) Sem I of PG Department of Fashion Designing brought laurels to the institution by bagging university positions. Kanishka got 1<sup>st</sup> position, Gaytri Sharma got 2<sup>nd</sup>, Simranjeet Kaur got 3<sup>rd</sup>, Jashandeep Kaur got 4<sup>th</sup>, Amandeep Kaur got 5<sup>th</sup>, Harpreet Kaur got 6<sup>th</sup>, Asta Rani got 8<sup>th</sup> and Ishika got 9<sup>th</sup> position. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated the students. On this occasion, faculty members of the department were also present.



**05/06/2023**

**B. Vocation (Web technology and Multimedia) Sem I got University Positions**

B. Vocation (Web Technology and Multimedia) Semester I students brought laurels to college by bagging University Positions. Km. Manleen Kaur bagged 1<sup>st</sup> position by getting 327/400 marks, Km. Neha Jassal bagged 2<sup>nd</sup> position by getting 322/400, and Km. Palak Kapoor bagged 4<sup>th</sup> position by getting 309/400. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated Head of the Department Mr. Ashish Chadha, Faculty and the students for this achievement. Mr. Rishabh Dhir from PG Department of Multimedia was also present on this occasion.



**15 /06/2023**

**Students of M.Sc. Botany of HMV got University Positions**

M.Sc. Botany IIIrd semester brought laurels to the college. Gagandeep Kaur topped the University exam with 87% marks. Reema with 85.7% marks and Navneet Kaur with 84% marks stood 2nd and 3rd in University respectively. Muskan and Deepika secured 4th and 5th position in University. Principal Prof. Dr (Mrs.) Ajay Sareen congratulated the students on this brilliant success and motivated them to keep working hard in future also. Dr. Anjana Bhatia, Head of Botany Department also encouraged the students for achieving greater heights. On this occasion Dr. Shaveta Chauhan, Mrs. Ramandeep Kaur, Ms. Harpreet & Dr. Shuchi Sharma were also present.



**25/06/2023**

**M.Sc. (FD) Sem-I students of HMV shine in University**

The students of M.Sc. (F.D.) Sem-I brought laurels by bagging top position in University exams. Navneet Kaur bagged 1<sup>st</sup> position and Baljeet Kaur got 10<sup>th</sup> position in University. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated the students and faculty members.



**27/06/2023**

**B.Sc. (Biotech) Sem-5 students of HMV shine in University**

The students of B.Sc. (Biotechnology) Sem-5 got University Positions. Navpreet Kaur bagged 2<sup>nd</sup> position with 321 marks out of 360, Bhavya got 5<sup>th</sup> position with 310 marks and Srishti Sharma got 6<sup>th</sup> position with 309 marks. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated the students and Head of Department Dr. Jatinder Kumar. On this occasion Dr. Anjana Bhatia and Mr. Sumit Sharma were also present.



**30/06/2023**

**Students of Bioinformatics Department of HMV bring laurels**

The students of M.Sc. Bioinformatics and PG Diploma in Bioinformatics outshines in the Guru Nanak Dev University examinations by bringing exceptional results in their respective semesters. Ms. Aanchal, Ms. Simrandeep Kaur and Ms. Manpreet Kaur scored first, second and third positions by scoring 90%, 88% and 84% marks, respectively in M.Sc. Bioinformatics Semester-III.

On the other hand Ms. Tania Sethi, Mrs. Jagroop Kaur and Ms. Pallavi Jain scored First, second and third positions by scoring 93%, 84% and 83% marks, respectively in M.Sc. Bioinformatics Semester-I. The students of the first batch of the PG Diploma in Bioinformatics

Semester-I stood apart with Ms. Gurpreet Kaur scoring first position with a record 95% marks. Ms. Simranjeet Kaur and Ms. Gauri Jindal secured second and third positions with 82% and 80% marks, respectively. Principal, Prof. Dr. (Mrs.) Ajay Sareen congratulated to the faculty members, Dr. Harpreet Singh, Mrs. Purnima, Mrs. Ramandeep Kaur, Ms. Harmanu Paul, Ms. Simran, Ms. Diksha Marwaha and the students of the PG Department of Bioinformatics for this achievement.



## Excellencia: Academic Highlights

08/04/2023

### 91<sup>st</sup> Convocation Organized at HMV

Standing tall in the field of education, Hans Raj Mahila Maha Vidyalaya, NAAC A++ accredited institution grandly hosted the 91<sup>st</sup> Convocation to award degrees to 941 UG and PG students for the session 2020-21 under the dynamic command of Principal Prof. Dr. (Mrs.) Ajay Sareen. The garland of dignitaries was adorned with Sh. Anil Kumar Rao, IPS (Retd.) Advisor PSGGG, Incharge CM Window Haryana as Chief Guest, Justice (Retd.) Sh. N.K. Sud Vice President DAVCMC and Chairman LC as the Guest of Honour, Philanthropist Sh. Sudhir Sharma as Guest of Eminence along with Advocate Ashok Pruthi member LC. Principal Dr. Ajay Sareen extended a cordial and green welcome to the distinguished guests and media personnel. The convocation began with the ceremonial lighting of lamp and recital of DAV Anthem. Principal Dr. Ajay Sareen offered a formal welcome to the worthy guests and presented a comprehensive report of the institution highlighting the saga of glory. She declared the Convocation open and 47 meritorious students were presented with "Roll of Honour" to begin with. A distinctive feature of the Convocation was the innovative practice of wearing traditional angavastras in place of gowns prepared by the students under Earn While Learn Scheme. Holding an illustrious profile and possessing an indomitable spirit, the Chief Guest of the occasion, Sh. Anil Kumar Rao presented an emphatic Convocation address. Narrating his life experiences, he emphasized that the bridge that connects dreams to reality is hard work and determination. He encouraged the degree holders to achieve their goals along with being good humans. He concluded on the note of inculcating the ideals of hard work, truth and trust into one's personality. He received a standing ovation for his pearls of wisdom. Justice (Retd.) Sh. N.K. Sud also congratulated the students on their red-letter day and urged them to keep themselves motivated. He told the girls to be inspired and also become a source of inspiration for others by following the righteous path. Sh. Sudhir Sharma and Dr. Ashok Pruthi also conveyed their best wishes to the degree holders. The event also witnessed the release of College e-magazines. A short film on Women empowerment directed by Department of Mass Communication was also released. The students took an oath to contribute fruitfully to the society. The Convocation was declared closed by the Principal Dr. Ajay Sareen and there was a spectacular show of cultural performances. Principal Dr. Ajay Sareen presented souvenir to the guests. The vote of thanks was presented by Dr. Mamta Convocation Co-ordinator. The stage was conducted by Dr. Anjana Bhatia, Dr. Ramnita Saini Sharda and Dr. Ashmeen Kaur. The Advisor of the Convocation was Dr. Seema Marwaha. The Coordinators were Dr. Mamta and Dr. Shallu Batra. All the Faculty Members, Superintendents Sh. Pankaj Jyoti, Sh. Lakhwinder Singh, Sh. Ravi Maini, Non-Teaching and Supporting Staff became a part of the success of the Convocation.



01/01/2023

### Guest Lecture on 'Online Trading Operations'



A series of guest lectures on 'Online Trading Operations' was organized by the PG Department of Commerce and Management for the students of B.Voc (Banking and Financial Services). Mrs. Divya Nanda, Assistant Vice President, RBL Bank, Model Town Branch, Jalandhar was the resource person. The students were given practical insights into the online trading operations such as depository, NSDL, CDSL, Demat, Clearing and settlement procedure, SENSEX, NIFTY, stop loss, order booking etc. The students were also explained about other avenues of investment such as mutual funds. They

were also given insights into the importance of early investment with the example of compounding.

**03/01/2023**

**PG Department of Botany Organized “Alumni Lecture Series”**

DD Pant Botanical Society of PG Department of Botany organized lecture of Mrs. Kuldeep Kaur, alumni of Botany Department (2007-2008 Batch) under “Alumni Lecture Series”. Lecture started with floral welcome of Mrs. Kuldeep Kaur by Dr. Anjana Bhatia, Head of Botany Department, Dr. Shaveta Chauhan, Dr. Nitika Kapoor, Mrs. Ramandeep, Ms. Harpreet Kaur and Dr. Shuchi Sharma followed by introductory remarks by Dr. Anjana Bhatia. Mrs. Kuldeep Kaur is working as Senior Analyst for New York State Department of Health. She motivated students to work hard to achieve their dreams.



Students also interacted with her and asked their queries related to various career options after doing M.Sc. (Botany). She visited labs and class rooms of Botany Department and appreciated the up gradation of infrastructure including ICT enabled classrooms and advanced scientific instruments in the laboratories.

**12/01/2023**

**New Semester begins with a Havan**

The New Semester commenced on the pious notes of Havan Yajna, the fragrance of the yajna samidhas and oodles of enthusiasm over a number of accolades won by the institution. The respected Chief Guests of the occasion were Justice (Retd.) Sh. N.K. Sud, Vice President DAVCMC New Delhi and Mrs. Arunima Sud. Everyone joined hands in chanting the holy mantras and invoking the blessings of the Almighty for the new session. Principal Dr. Ajay Sareen extended a warm welcome and expressed her delight over the numerous awards to the credit of HMV and she acknowledged the contribution of every HMVian in taking HMV to apex of glory. She voiced her firm belief these accomplishments are the result of the blessings of Dr. Punam Suri, Padmashri Awardee, President, DAV



College Managing Committee, Justice Sh. NK Sud, Director Higher Education IAS (Retd.) Sh. Shiv Raman Gaur and General Secretary DAVCMC Sh. Ajay Suri. Continuing with its innovative and regular practices, HMV saw the release of Planner, HMV Vision and HMV News. Justice (Retd.) Sh. N.K. Sud appreciated the efforts of HMV and congratulated all for bringing success to the institution in various fields. HMV family also observed silence to pay obeisance to Sh. S.N. Mayar Ji, a venerable member of Local Committee. The Yajna concluded with the recital of Shanti Path.

**26/02/2023**

**National Seminar on Sustainable Development**

Initiating a discourse on Sustainable Development, PG Department of Commerce and Management organized an ICSSR sponsored National Seminar on “Fostering Sustainable Investment Behaviour: A Paradigm Shift towards Green Economics Growth. Prof. Balwinder Singh, University School of Financial Studies, GNDU Amritsar presided over the seminar as the Chief Guest. Prof. Rishi Raj Sharma, Associate Dean Department of



Business Management, GNDU Regional Campus, Gurdaspur graced the occasion as Keynote Speaker. The galaxy of dignitaries included the name of Dr. Abhay Jain, Associate Professor Sri Ram College of Commerce, Delhi, Dr. Rupinder Bir Kaur, Associate Professor Punjab University, Ludhiana, Dr. Pooja Mehta, IQAC Coordinator and Associate Professor Department of Commerce and Management, Sri Aurobindo College of Department of Commerce and Management, Ludhiana, Dr. Sandeep Singh, Asstt. Prof. University School of Applied Management Punjabi University Patiala and Dr. Naveen Pandhi, Asstt. Prof. PG Govt. College of Chandigarh. Introducing the concept note, Mrs. Meenu Kohli, Head of PG Department of Commerce and Management and Coordinator of seminar offered a warm welcome to the guests and highlighted that the seminar is dedicated to Atam Nirbhar Movement of Govt. and to people who have and will initiate changes in society. She remarked that one way to contribute towards sustainability is to spread awareness among masses. The Head of the Institution, Principal Prof. Dr. (Mrs.) Ajay Sareen extended words of welcome in the honour of the learned panel of the day. She expressed that the seminar is a unique attempt to bring together students and scholars to think, reflect and act towards a sustained future. She emphasized that real purpose is to contribute constructively and put theories to practice. Our careful and extensive planning at the present towards green economy will be our gift to the future generations. In the Presidential address, Prof. Balwinder Singh congratulated HMV for organizing the event and appreciated its innovative green and welfare efforts, which has established its glory far and wide. Equating sustainability with survivability, he voiced that our policies of economic development and progress need to be in sync with climate and environment. He stressed on the importance of social equality and good governance. He averred that every social and professional activity of humans is linked to nature. So even a little change in environment will reflect back on humans. In the Keynote address Dr. Rishi Raj expounded in detail about theories of sustainability. He stimulated the students to work towards something which can be progress in real terms. The inauguration ended on a note of thanks by Dr. Shallu Batra. After this a series of technical sessions were held to deliberate upon the topic. In the Valedictory session Dr. Abhay Jain detailed on the concept of sustainable development and provided insights into the implementation of sustainable policies. Around 200 delegates took part in the seminar and presented thought provoking views. Dr. Minakshi Duggal Mehta presented vote of thanks.

**02/03/2023**

#### **Multimedia Club organizes Seminar on Video Broadcasting**

The PG Department of Multimedia organized a Seminar on Video Broadcasting under the able guidance of Principal Prof Dr. (Mrs.) Ajay Sareen. The session was lead by Er. Garima Bawa, Senior Enterprise Engineer from Evertz Microsystems, Canada. Dean Academics Dr. Seema Marwaha welcomed the Resource Person and said that the main purpose behind such seminar is to provide a platform where the professionals from the industry and the students can directly communicate with each other. Er. Garima Bawa, highlighted how the news channel broadcast their live news and motivated the young minds to utilize these techniques for their knowledge enhancement. She demonstrated the live example of Video Broadcasting being used in Canada. She developed a simple graphic appearance of a news channel CNBC TV18 in 10 minutes live in the session. The session made the student aware about the recent changes happening in the Digital world from the point of view of a Multimedia and Video Broadcasting Professional. In an interactive session with students, she guided the students about different start-ups and guided them to follow their dreams with the help of the recent digital resource. At the end of the session, Student queries were taken up by the Resource Person. After the Webinar coordinator Mr. Ashish Chadha presented vote of thanks. The moderator of the event was Mr. Rishabh Dhir from PG Department of Multimedia. Ms. Prabhjit Kaur and Ms. Sonali from Multimedia Department also joined the webinar.



**13/03/2023**

#### **HMV Organized Seminar on Healthy Woman Healthy Society**

Home Science Department of HMV Orgnaized a seminar on “Healthy Woman Healthy Society” under the able guidance of Principal Prof. Dr. (Mrs.) Ajay Sareen. The session was lead by Dr. Pooja Kapoor, Senior Pediatrician at Kapoor Bone and Child Care



Hospital. Dean Academics Dr. Seema Marwaha, IQAC Coordinator Dr. Ashmeen Kaur, Dean Innovation and Research Dr. Anjana Bhatia honoured the guest with an organic planter. Mrs. Navroop, Head of Punjabi Department welcomed the guest of the day and appreciated the beautiful poem on “daughters” recited by Dr. Pooja Kapoor. She conveyed that in today’s world, every woman should have deep knowledge of their health requirements. Mrs. Ritu Bajaj, In charge Home Science, expressed her delight on having Dr. Pooja as Resource Person of the seminar. The main purpose of the seminar is to provide good health and hygiene. Dr. Pooja highlighted about vaccination of cervical cancer. She imparted knowledge regarding anemia and stress among youth. She advised to have a healthy and disciplined diet plans. At the end of the session students queries were taken up by the Resource Person. Mrs. Vandana Gupta from Home Science Department presented vote of thanks.

**22/03/2023**

#### **Music Department Organized a Workshop**

The PG Department of Music (Vocal) organized one day Music workshop under the able guidance of Principal Prof. Dr. (Mrs.) Ajay Sareen . On this occasion, the Resource Person was Dr. Rajesh Mohan, Head of Music (Vocal) Department, Govt. College, Faridkot. Dr. Prem Sagar, Head of Music (Vocal) Department welcomed him. Dr. Prem Sagar told the students about the achievements of Dr. Mohan and his dedication towards music. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated Music Department and it is a very good opportunity for the students to take inspiration for achieving greater heights in music. Dr. Rajesh Mohan told the students about the relation between words and shayri and inspired the students to understand this relation. His students also accompanied him in performing. He also told about old poets, Geet, Ghazals and Najam. The students of Music Vocal Department recited a song dedicated to women. On this occasion, Mr. Parduman, Mr. Sunny, Mr. Jasmal Singh, Head of Dance Department Dr. Pooja Minhas and Mrs. Kuljit Kaur from Punjabi Department were also present.



**23/03/2023**

#### **PG Department of Cosmetology Organized One Day Workshop**

PG Department of Cosmetology organized one day workshop of Hair Colouring & Hair Spa by Hair Expert Mr. Rahul & Mr. Jatin from Streak. Principal Prof. Dr. (Mrs.) Ajay Sareen honored the guests. In this Workshop experts gave basic knowledge of principles of color along with international hair color chart. They also gave detailed guidance about undertones and corrective tones. Experts gave demonstration of process of global hair coloring in detail along with proper technique of Hair Spa. Students were very satisfied with the result of the demonstration. Principal Dr. Ajay Sareen appreciated the efforts of department and motivated the students and faculty of Department.



**24/03/2023**

#### **HMV Organized Night Sky Watch**

Chandrayaan Vipnet Club of Physics Department organized Night Sky Watch for the students to observe Jupiter, Venus and Moon with the help of high power telescope. Mrs. Saloni Sharma, Head of Physics Department gave introduction about the event. Principal Dr. (Mrs.) Ajay Sareen welcomed the Resource Person Mr. Akashdeep Singh, Incharge of Night Sky Watch from Pushpa Gujral Science City with a planter. Mr. Akashdeep Singh gave a Power Point Presentation on “Universe and Celestial Bodies” to aware the students about composition of our Solar System. He described about the creation of moon and tilting of the axis of the earth in a very remarkable manner. He explained about the formation of seasons as well as day and night on the surface of earth. After the presentation section, Mr. Akashdeep Singh set high power telescope in the college lawn. He



focused on moon as well as planet Mars and Jupiter with high power telescopes. Students explored moon and planets patiently and everybody were fascinated to see the magnificent spectacle. On this event, faculty Mr. Sushil, Dr. Simmi Garg, Ms. Harpreet, Dr. Gagandeep and Dr. Jyoti Gogia were also present. Principal Prof. Dr.(Mrs.) Ajay Sareen applauded the Physics Department for organizing such an innovative event.

**29/03/2023**

**Freudian Psychological Society and NCC organized a workshop on "The Leadership Tao"**

P.G. Department of Psychology in collaboration with NCC conducted a one day workshop on the Topic

"The Leadership Tao" in the premises of Hans Raj Mahila Maha Vidyalaya. Col. Ajaydeep Singh Dali was the Resource Person of the day. He was welcomed by Mrs. Navroop , Dean Youth Welfare, Dr. Ashmeen Kaur, Head P.G. Department of Psychology and Lt. Sonia Mahendru, Associate NCC officer with a Planter, Painting and Gift prepared by the students of HMV as a token of love. Col. Ajaydeep Singh Dali started the workshop by decoding the meaning of the word 'Tao', which he said is a word coined by a Chinese Saint meaning 'a philosophical guide to life and leadership'. Further in the workshop he defined the meaning of the word leader and the various qualities which a leader should posses.



He said that every Individual has the ability to lead others if they install a few characteristics within thier personality. Professional knowledge and Moral Courage he said are the backbone of any leader. The ability to Communicated clearly, taking decisions at the right time, Humility, the ability to motivate others and stay motivated ourselves were few of the other charactersists discussed by the resource person. He also gave examples of various leaders such as Guru Tegh Bahadur, Con. N.N. Khanna, Captian Vikram Batra to show the students how a good leader can create history. Principal Dr.(Mrs) Ajay Sareen encouraged the students to acquire the qualities of being a good leader in thier personality while discussing the role of a leader in different areas. The session concluded with an interactive session between students and the resource person. On this occasion the stage was conducted by Manvi (B.A. sem 6). The formal vote of thanks was given by Lt. Sonia Mehendru. Faculty members Ms. Shruti, Ms. Vanshika and Ms. Harpreet Kaur were also present.

**03/04/2023**

**DD Pant Botanical Society of HMV Organized Nature Study Camp**

Department of Botany and DD Pant Botanical Society organid a Nature Study Camp under

Environment Education Programme with the support of Punjab State Council for Science and Technology as the State Nodal Agency and Ministry of Environment and Climate Change as catalyzing and Supporting agency. During this camp 24 students of M.Sc. (Botany) Sem 2 and 4 and B.Sc. (Medical) Sem VI visited Harike and Karmowal. At Harike Project In charge Madam Geetanjali briefed the students about the various Water parameters they are studying at the confluence of Satluj and Beas at Harike. They also looked for migratory birds visiting the place from November to



February. Ms. Sarabjeet also briefed students about Raptors found in Punjab. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated the department for its efforts in bringing awareness among students about Biodiversity and its conservation. On the second day of Nature Study Camp students visited Van Chetna Park, Nara Dam and Saleran Dam which comes under Hoshiarpur Forests area. Mr. Jasveer (Forest Inspector and Ms. Hashika



(Block Incharge) briefed about necessity of environment protection. They also explained the motive of making such protected areas in Punjab. Then under the guidance students also visited Nara Dam, to enjoy Beauty of Nature. On the way students monitored the floral diversity in Nara Forest. They also enjoyed refreshment at ancient piece of art "Nara Rest House" constructed by British. After having lunch, students along with their teachers enjoyed beauty of Saleran Dam

**04/04/2023**

**PG Department of Mathematics Organized One Day DBT Sponsored National Conference**

The PG Department of Mathematics organized One Day DBT sponsored National Conference of "Recent Advancement in Mathematical and Applied Sciences". The conference was inaugurated with lighting of the lamp and blessings of Almighty. The Chief Guest of the Conference was Prof. S.K. Tomar, Vice Chancellor J.C. Bose University of Science & Technology, YMCA, Faridabad. The Guest of Honour were Prof. Romesh Kumar, Professor, University of Jammu, Dr. Jatinder Singh, Associate Prof., Guru Nanak Dev University, Amritsar, Retd. Prof. Sunita Gakkhar, Prof. IIT, Roorkee. Principal Prof. Dr. (Mrs.) Ajay Sareen welcomed them with



planters and momentos. Head of Department and Convener Dr. Gagandeep addressed the participants and expressed her thanks to DAV College Managing Committee for continuous guidance and support. She gave a brief introduction and concept note of the conference and said that in Mathematical World two negatives multiply to be a positive and thus takes us to positivity from negativity. Principal Prof. Dr. (Mrs.) Ajay Sareen said that such conferences are required to be conducted time to time for maintaining a positive atmosphere. She said that the knowledge of students will increase manifold after listening to expert views. Keynote Speaker Prof. S.K. Tomar gave his presentation on the topic "Application of Mathematics in Science and Engineering". He shared his experience in this field and said that we should do our work with full honesty and dedication. This is our real love for our country. In Parallel Technical Sessions, Prof. Romesh Kumar, Dr. Jatinder Singh and Retd Prof. Sunita Gakkhar presented their views and benefitted the students. 37 Researchers presented their ideas through their Research Papers. Total number of participants were 82. Best Paper Awards were presented to Dr. Amit Paul, Dr. Shallu Sharma and Ms. Uganta Yadav. During the Valedictory Session, Head of Department Dr. Gagandeep presented Vote of Thanks. Certificates were distributed to all the paper presenters and delegates.

**05/04/2023**

**Foundations week celebrations by Commerce Club HMV**

To Mark the week long celebrations of 97th Foundation Day of Hans Raj Mahila Maha Vidyalaya, Commerce Club of PG Department of Commerce and Management organized a short-term course on Personality Development- An Image Makeover Transforming you inside-out in collaboration with The Primis Impression Academy and the resource person of the session was CA Swinki Singhal- An Image Consultant and Soft Skills Trainer. The session began with a formal welcome and green greetings by Mrs. Meenu Kohli (HOD) and Mrs. Binoo Gupta (Dean Student Welfare and Incharge Commerce Club). Ms.



Ms. Shefali Kashyap and Ms Kanika Sharma (In charges of Skill Programme). Mrs. Meenu Kohli addressed the students with golden words of motivation and wisdom. 265 students of student council, HMV task force and class representatives along with discipline volunterrs were the beneficiary of the session. Ms Urvashi (Dean Student Council) addressed the student by giving practical example of students those were the part of student council and by learning managerial and organizational skills they are now settled at high positions at various

MNCs. The students were informed about the glimpses of upcoming short-term course Personality Development-An Image Makeover and were encouraged by the resource person to become the future leaders and join the course for their holistic personality development. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated the students and organizing committee and told that the prime focus of our institution is to make the students self-sufficient and independent by organizing such courses.

**16/04/2023**

**G20:Market Survey for Startup Opportunities in Fashion &Textile Design**

Bachelor of Design Department conducted a market survey with Fashion and Textile Designing Specialization students in local Jalandhar market in which students visited wholesalers, distributors and producers of Fashion Design and textile construction materials, along with faculty member Miss Harwinder Kaur. Students got knowledge of different fabrics, prints, fashion trends, accessories and suppliers for Raw Materials, legal obligation for startups, evaluation of Channels of Distribution, etc. Local fabric market, Rainik Bazaar, Brandrath Road and Sheikhan Bazaar were covered. Students interacted with consumers, shopkeepers and sales persons explained about latest trends and fabric utilization in various design worlds. Students discussed positive and negative aspects with teacher, experts, craftsmen, and with consumers which is very helpful for students to work on their projects for new setup.



**19/04/2023**

**An Extension Lecture on the Birth Anniversary of Mahatma Hansraj Ji**

Vedic Adhyan Society and Mahatma Hans Raj Samvedna Samiti organized an extension lecture dedicated to the Birth Anniversary of Mahatma Hans Raj Ji. Sh. Udyan Arya, Principal, Guru Virjanand Gurukul, Kartarpur and Mrs. Amita, Principal S.D. School, Hoshiarpur graced the occasion as the speakers of the day. Principal Dr. Ajay Sareen welcomed the guests by presenting green planters. Addressing the students Principal Dr. Sareen highlighted the contributions of Mahatma Hans Raj Ji in the field of Women Education. She said that HMV is the leading institution promoting women education and making them empowered under the inspiration of Mahatma Hans Raj Ji.



Principal Udyan Arya paid homage to Mahatma Hans Raj Ji and said that we should make good use of time and adopt qualities like self-discipline and self-restraint. It was only because of Mahatma Ji's efforts that the movement of women education gained momentum. Principal Mrs. Amita felt proud on visiting the institution and shared various details related to Mahatma Ji's life. Towards the end, Dean Vedic Adhyan Studies, Dr. Mamta presented a vote of thanks.

**15/05/2023**

**Workshop on Millets Organised by Unnat Bharat Abhiyan Team and Institution Innovation Council**

The Unnat Bharat Abhiyan Team and Institution Innovation Council organised a workshop on Millets in Gillan Village under the able guidance of Principal Prof. Dr. (Mrs.) Ajay Sareen. As the year 2022-23 has been declared as the International Year of Millets, the workshop aimed at educating the villagers about the nutritional benefits of millets and also to explain them different recipes of millets. UBA Coordinator Dr. Minakshi Duggal Mehta addressed the students of Government School, Gillan and other villagers. She



explained that besides having nutritional values, millets also have taste value. They help to boost our immunity level and hence are instrumental in having a healthy life. The students from Home Science Department gave live demonstration of the different food items made from millets. Dr. Minakshi Duggal Mehta expressed gratitude to Mrs. Balwinder Kaur, Sarpanch Gillan Village for always being cooperative and for providing an opportunity to interact with the villagers. The workshop ended with an interactive session with the villagers.

**19/05/2023**

#### **Workshop on “Preparation of Standard Solutions”**

R. Venkataraman Chemical Society of Chemistry Department organized DBT-STAR sponsored Workshop on “Preparation of Standard Solutions” under the able guidance of Principal Prof. Dr. (Mrs) Ajay Sareen. The workshop was designed to develop skills in students and all the laboratory attendants of Science Department to prepare analytical solutions independently. These skills are highly desired in Industry, Research and Academia. Dr. Neelam Sharma welcomed the participants and shed the light on importance of standard solutions and accurate solution preparation methods in chemistry experiments. Further details of standard solutions, their precise preparation, various precautions taken and how these impact the experimental results, were demonstrated by Mrs. Deepshikha, Dr. Vandna Thakur and Miss Tanisha. Participants actively prepared solutions of different concentrations under the guidance of faculty of Chemistry Department. Total 40 participants were benefitted in this workshop. Principal Prof. Dr. (Mrs) Ajay Sareen appreciated the efforts of the department.



**07 /06/2023**

#### **Workshop on Personality Development**

Commerce Club of PG Department of Commerce and Management organized short-term course (30 Hours) on Personality Development- An Image Makeover Transforming you inside-out in collaboration with The Primis Impression Academy. The Resource Person of the session was CA Swinki Singhal- An Image Consultant and Soft Skills Trainer, under the able guidance of Principal Prof. Dr. (Mrs.) Ajay Sareen. Total 15 students from different streams participated in the programme. Students were guided on self-analysis of Goal setting, Art of public speaking, general communication and body language. Practical knowledge was imparted through mock telephonic conversation, role plays, group discussion and they were also told about wardrobe management, laying dressing table and basic table manners. Ms.Binoo Gupta, Incharge Commerce Club and Co-ordinator of the Programme, briefed that such programmes aimed at enabling students to explore their hidden potential and helps in grooming their personality. Mrs. Meenu Kohli, Head PG Department of Commerce and Management encouraged students to join such programs for their personal grooming and to enhance self-confidence. Principal Dr. Ajay Sareen congratulated the faculty and students for conducting the event successfully. Students were awarded on the basis of different parameters. Manvi and Aditi were awarded for excellent participation, Janvi was awarded for best public speaking, Gurpreet for overall best in activities and Nisha and Charu got award of encouragement. Vote of thanks on the concluding day was given by Mrs. Shefali Kashyap . Stage was conducted by Ms. Kanika Sharma and Ms. Shayna Monga beautifully. Faculty members graced the occasion with their presence.



**08 /06/2023**

**HMV Organized Water Colour Workshop**

The Department of Fine Arts organized one day Art Workshop on Water Colour Painting by Mr. Ashvini Verma from KVS-1 School, Jalandhar. Principal Prof. Dr. (Mrs.) Ajay Sareen welcomed the Resource Person and students with welcome note. 65 Students of BFA/BA attended this workshop. The students created Landscapes on Ivory sheets using water colors as well as learnt the tips and techniques of how to create hills, cape and trees. Head of Department Dr. Neeru Bharti Sharma, Dr. Shailender Kumar, Mr. Jitendra M. Thorat and Ms. Nishita were present there.



**10 /06/2023**

**HMV Organized Workshop on Keratin Hair Treatment**

PG Department of Cosmetology organised one day workshop on Keratin Hair Treatment and Hair cuts by Hair expert Mr. Tanveer Ahmed and Mr. Aamir from Tanveer Salon in which he gave the basic knowledge of Keratin treatment. He also explained how we can protect our chemical treated hair through Keratin and also gave the demonstration of complete technique of it and solved the doubts of students regarding this treatment. Principal Prof. Dr. (Mrs.) Ajay Sareen honoured the guests and congratulated the faculty and students and motivated to continue such workshops in future. Head of Department Ms. Mukti Arora, Ms. Aditi & Ms. Trisha were also present.



**.14 /06/2023**

**Freudian Psychological Society organized a workshop on "Building Resilience and Enhancing Self Confidence"**

P.G. Department of Psychology, under the able Guidance of Principal Dr.(Mrs) Ajay Sareen organized a workshop on "Building Resilience and Enhancing Self Confidence". Ms. Damini Tiwari, Deputy counseling Psychologist was the resource person. She was welcomed by Dr. Ashmeen Kaur, Head P.G. department of Psychology with a Planter and a Painting prepared by the students of HMV as a token of love and appreciation. In the workshop Ms. Damini Tiwari talked about the meaning of Self Confidence, the importance of Self Confidence in daily life and how to boost Self Confidence. She said negative social comparisons, difficulty accepting compliments, negative self-talk and poor outlook for the future can be a few reasons of low self confidence in an individual. If one identifies these symptoms, one can simply boost their Confidence by avoiding unhealthy practices like these and developing healthy practices such as positive self-talk, adapting a holistic lifestyle, upgrading skills, being assertive and self-aware. She added, in order to be confident one needs to be resilient too i.e. an individual should not lose hope if they face a failure they should bounce back and try again to achieve the goal. Principal Prof. Dr.(Mrs) Ajay Sareen discussed about the role, self-confidence plays in building the personality of an individual and encouraged the students to implement the tips learnt in the workshop to their daily life also. The session ended with an interactive question answer round between the students and the resource person.



**29/06/2023**

**Seminar on “Wakeup the Entrepreneur in You: A Mission for Self Reliance**

The Commerce Club of PG Department of Commerce and Management, in collaboration with Swadeshi Jagran Manch under the initiative of Swavlambi Bharat Abhiyan organized A Seminar on “Wakeup The Entrepreneur In You: A Mission for Self Reliance” under the able guidance of Principal Prof. Dr. (Mrs.) Ajay Sareen. As per the tradition of HMV session started with DAV Gaan. The session began with a formal welcome and green greetings to the guests by Principal Prof. Dr. (Mrs.) Ajay Sareen, Mrs. Meenu Kohli Head PG Department of Commerce and Mrs. Binoo Gupta, Dean Student Welfare and Incharge Commerce Club and by Dr. Anjana Bhatia, Dean Innovations and Research. The Resource Persons for Seminar were Mr. Kashmiri Lal, CA Pankaj Jindal and Mr.



Davinder Singh. Mrs. Meenu Kohli addressed and presented formal welcome note. CA Pankaj Jindal (National Secretary, Finance committee, SBA) told about mission of Swavlambi Bharat Abhiyaan motivated the students to convert from job seekers to job providers. Mr. Davinder Singh (Nodal Officer PMEGP-Punjab) talked about the pitiable employment scenario of the country and motivated the students to start their own business venture. He cited various examples of few women entrepreneurs who lifted from rags to riches and now are job providers. He also told the students regarding various startup schemes and loan schemes of Khadi and village Industrial Board. Mr. Kashmiri Lal, head of Swavlambi Bharat Abhiyaan firstly, appreciated the discipline of the students. He gave encouraging examples of Krishna Yadav (Krishna Pickles), Meena Bindra (BIBA) and Kiran Majumdar (Richest Women entrepreneur) to the students. He encouraged the students by telling them the need of passion to become successful. Vote of thanks was presented by Mrs. Binoo Gupta. She told 250 students from various faculties participated in the seminar and acknowledged the efforts of budding entrepreneurs of the college Neha, Bhavya Bahree, Nandika Mehra, Chris Sondhi. The stage was conducted by Mrs. Shefali Kashyap and Ms. Anchal, technical assistance was provided by Mr. Arvind Chandi.. On this occasion Swadeshi Jagran Manch office bearers Mr. Sidharth Shankar Sharma, Mr. Akash Rathore of Sant Valves, Mr. Vijay and Sehkaar Bharti Members Mr. Rajeev, Mr. Sandeep Chibber, Mrs. Poonam Dinesh were also present. The faculty members Mrs Savita Mahendru, Ms. RituBahri, Ms. Shayna Monga, Mr. Vidhu Vohra also participated in the seminar.

# Faculty Profile

## Dr. Veena Arora

- Published a paper on Bulle Shah in ICSSR approved peer reviewed refereed Journal Samwad published by Khalsa College , Amritsar

## Dr. Ashmeen Kaur

- Acted as subject expert for selection of candidates for PGT Psychology and Counselor at DAV Public school, Ludhiana.
- Expert speaker on the topic Importance of Pre marital counseling, in the Program Kuch terian kuch merian on DD Punjabi on 23rd April, 2023.
- Research paper published on the topic, 'An analysis of Psychological determinants of Sustainable investment behaviour and its impact' in the book Fostering sustainable investment behaviour: A paradigm shift towards green economic growth. ISBN 978-81-19011-6-29
- Dr Ashmeen Kaur participated in the lecture on Benchmark of quality education by Dr Ved Parkash, Former Chairman, UGC , New Delhi , at GNDU Amritsar on 27th June, 2023.

## Dr. Shaveta Chauhan

- Successfully completed online Two-Week Refresher Course in "Botany" from 18 th February-04 March,2023 with A+ Grade organized by Teaching Learning Centre Ramanujan College,University of Delhi in collaboration with Government Arts College(Autonomous),Karur,Tamil Nadu under the aegis of Ministry Of Education,Pandit Madan Mohan Malaviya Mission On Teachers And Training.
- Paper Presented titled "Social media and crime graph" in National seminar on "Growing Influence of Social Media: A revolution in Socio-economic development" organised by Dev Samaj College For Women,Chandigarh on 21-02-2023
- Paper Presented titled " Comparing Asymbiotic and Symbiotic seed germination in Dactylorhiza hatagirea (D.Don)Soo: A critically endangered orchid " Organised by National conference cum workshop & Multidisciplinary approaches in studies, conservation resource development of medicinal and ornamental orchids & orchid show organised & Sponsored by TOSI, Department of Botany, Panjab University,Chandigarh and BSI,Calcutta from 2023-03-03 to 2023-03-05
- Acted as Judge of Flower Show in National conference cum workshop & Multidisciplinary approaches in studies,conservation resource development of medicinal and ornamental orchids&orchid show Sponserd by TOSI,Department of Botany,Panjab University,Chandigarh from 2023-03-03 to 2023-03-05
- Presented paper titled "Self Sustainability and Clean Energy" in Interdisciplinary National seminar on & Energy Transition:Accelerator for Sustainable Development" organized by Dev Samaj College For Women,Chandigarh sponsored by Indian Council Of Social Science Research North-Western regional Centre Panjab University,Chandigarh on 30-05-2023

## Mrs. Saloni Sharma

- Submitted PH.D Thesis on the topic "SYNTHESIS AND CHARACTERIZATION OF POLYANILINE PVC COMPOSITES FOR MICROWAVE ABSORBERS".

- Presented a paper on the topic “Ni- Ion-Induced Optical, Structural and Electrical Properties of Polyaniline/Polvinyl Chloride Composites” in the 4th International Conference on “Recent Advances in Fundamental and Applied Sciences” (RAFAS 2023) held on March 24-25, 2023, organized by School of Chemical Engineering and Physical Sciences, Lovely Faculty of Technology and Sciences, Lovely Professional University, Punjab.

**Dr. Seema Khanna**

- Paper setting of Question paper of MBA (HRM) Sem- III for Directorate of Online Studies, GNDU, Amritsar.

**Mrs. Urvashi Mishra**

- Published research paper titled “Methods to make Gurmukhi Handwriting Verification more Authenticated and Convincing to Courts” in UGC Care list enlisted journal Apeejay Journal of Management and Technology, ISSN: 0974-3294
- Participated in the 10th International Conference on Interdisciplinary Research for Sustainable Development (IRSD) 2023 organised by I2OR India in association with Jamia Hamdard, New Delhi; Western Sydney University, Australia; IIT Bombay Spoken Tutorial & Green ThinkerZ, India held on 30th May 2023 at Jamia Hamdard, New Delhi.

**Dr. Gagandeep**

- A Newton-like Midpoint Method for Solving Equations in Banach Space Samundra Regmi, Ioannis K. Argyros, Gagan Deep and Laxmi Rathour, Foundations 2023, 3, 154–166. <https://doi.org/10.3390/foundations3020014>
- Improved Higher Order Compositions for Nonlinear Equations Gagan Deep and Ioannis K. Argyros, Foundations 2023, 3, 25–36. <https://doi.org/10.3390/foundations3010003>.
- Extended Newton-like Midpoint Method for Solving Equations in Banach Space Ioannis K. Argyros, Gagan Deep and Samundra Regmi, Foundations 2023, 3, 82–98. <https://doi.org/10.3390/foundations3010009>.

**Mrs. Kuljit Kaur**

- Participated as panelist in two days International Conference on the topic ਪੰਜਾਬੀ ਸਾਹਿਤ ਵਿੱਚ ਨਾਰੀ ਸਰੋਕਾਰ on 23 January 2023 organised by Punjab Sahit Academy Chandigarh at Desh Bhagat University Mandi Gobindgarh.
- Honoured by Nari chetna welfare society on International Women's Day celebration programme on 10 March 2023.
- Acted as Anchor in sanman samaroh organised by Lok Manch Punjab on 4th March and 31 March.
- Participated as Anchor on discussion based programme Ajj di gal ਅੱਜ ਦੀ ਗੱਲ on Dd pbi on 28 Feb, 10 March, 16 March, 28 March, 4 April, 25 May, 6 June 2023.
- Presented a paper on a book ਕਿਸਨੂੰ ਆਖਾਂ written by Raminder Rammi on 16 April in a programme organised by Punjabi Sahit Sabha Jalandhar.

- Presented a paper on the topic ਪੰਜਾਬੀਭਾਸ਼ਾਦੀਵਰਤਮਾਨਸਥਿਤੀ, ਚੁਨੌਤੀਆਂਅਤੇਸੰਭਾਵਨਾਵਾਂ in a international conference organised by Jagat Punjabi Sabha Brampton Canada on 24 June 2023.
- Anchored the programme Sirjana de aar paar organised by antar rashtri sahitik sanjha Brampton Canada on 1 St Jan, 22 Jan, 27 Feb 2023, 28 may 2023 and interviewed Dr Surjit patar, Poonam preelari, Sukhwinder Amrit and Manjit Indra prominent Punjabi writers
- Book reviews and articles published in Daily Ajit newspaper.

#### **Mrs. Rama Sharma**

- Chapter Role of Media in Creating Environmental Sustainability 307-314" Published in Book Fostering Sustainable Investment Behaviour: A Paradigm Shift towards Green Economic Growth by Publisher Saptrishi Publication" with ISBN No. 978-81-19011-62-9 and Edition May 2023
- Paper setter at Guru Nanak Dev University, Amritsar in May 2023.
- Patricipation in 70th National Webinar on Ethics in TV reporting: The Non-Negotiable & and Sponserdby Communication Today (A Bilingual Media Quarterly Journal) held on 5th Feb., 2023.
- Patricipation in 71st National Webinar onWorld Radio Day-Radio: Then and Nowand Sponserd byCommunication Today (A Bilingual Media Quarterly Journal) from 12th Feb., 2023.
- Patricipation in 72nd National Webinar onChatGPT: Advantages and Limitations UncoveredandSponserd by Communication Today (A Bilingual Media Quarterly Journal) held on 18th Feb. 2023.
- Patricipation in 76th National Webinar on "Role of Media in Preserving World Heritage andSponserd by Communication Today (A Bilingual Media Quarterly Journal) held on 18th April, 2023.
- Patricipation in 78th National Webinar on "Digital Daur Main Pustkon ki Prasangkita and Sponserdby Communication Today (A Bilingual Media Quarterly Journal) held on 23 rd April, 2023.
- Presented a Paper on “Role of Media in Creating Environmental Sustainability” in ICSSR SponsoredNational Seminar onFostering Sustainable Investment Behaviour: A Paradigm Shift towards GreenEconomic Growth" and Sponsored by PG Department of Commerce and Management, Hans Raj MahilaMaha Vidyalaya, Jalandhar held on 25th Feb., 2023.
- Presented a paper on “ਸੋਸ਼ਲ ਨੈਟਵਰਕਿੰਗਐਂਪਤੇਵੈਬਸਾਈਟਾਂਦਾਨੌਜਵਾਨਪੀੜ੍ਹੀਤੇਪ੍ਰਭਾਵ” in National Seminar onon 11th Feb, 2023. The paper was published in the edited book too.
- Presented a paper on “ Social Media s Contribution in the Empowerment of Women in the State of Punjab” at a National Seminar on Growing Influence of Social Media: A Revolution in Socio-Economic and Business Development organized by Dev Samaj College for Women, Chandigarh on 21 st Feb., 2023(Hybrid mode).
- Participated in National Workshop on NAAC Revised Accreditation Framework held on 13-14 March, 2023 (Hybrid Mode) and organized by Khwaja Moinuddin Chisti Language University, Lucknowponsored by Department of Higher Education, Government of Uttar Pradesh.
- Patricipation in 81 st National Webinar on “Emerging Virtual Society in Digital World: Opportunities and Challenges” and Sponserd by Communication Today (A Bilingual Media Quarterly Journal) held on 25 th May, 2023.
- Successfully completed an Online course in “Fashion and Lifestyle Journalism” from 1 st to 13 th May 2023 organised by newswriters.in from New Delhi.



- Appreciated by Nehru Yuva Kendra Jalandhar for contribution in organizing District Level “Yuva Utsav: India @ 2047” on the theme Panch Pran of Amrit Kaal held at Hans Raj Mahila Maha Vidyalaya, Jalandhar on May 31, 2023.

**Mrs. Meenu Kohli**

- Co-editor for the book "Fostering Sustainable Investment Behaviour: A Paradigm Shift towards Green Economic Growth."
- Paper titled "One District One Product-Paving the Way for Aatmanirbhar Bharat" published in edited book titled "Ease of Doing Business: A Passage for ‘Aatmanirbhar Bharat’ and Inclusive Growth" with ISBN NO: 978-93-95882-06-4
- Paper titled "Green Finance-An Emerging Tool for Sustainable Investment in India" published in edited book titled "Fostering Sustainable Investment Behaviour: A Paradigm Shift towards Green Economic Growth" with ISBN: 978-81-19011-62-9
- Participated in Seven Days PDP on “Quality and effective Research Writing- Phase IV organized by Patrician College of Arts & Science from 6th June- 12th June, 2023.
- Participated in Five Days PDP on “Uses of tools and Techniques for Research Writing” organized by Patrician College of Arts & Science from 20th June- 24th June, 2023.

**Dr. Kajal Puri**

- Chapter titled Study about Employee Empowerment Strategies for Private Universities Teachers in Punjab, India: Approach For Job Satisfaction pp 1-11 ; Published in Book Current Aspects in Business, Economics and Finance Vol.9 by Publisher BP International with ISBN No. 978-81-19039-13-5 and Edition 20th January 2023.
- Attended One Week Online FDP On Advanced Research Methodology at Amiruddaula Islamia Degree College, Lucknow and Science Tech Institute, Lucknow from 21 st March 2023 - 27 th March 2023. Sponsoring Agency Manraj Kuwar Singh Educational Society.
- Participation as Delegate in One Day National Conference on Recent Advancements in Mathematical and Applied Sciences sponsored by DBT on 4 th April 2023.
- Chapter titled “India’s Journey towards ESG INVESTING pp 155-163 Published in Edited Book Fostering Sustainable Investment Behaviour by Publisher Saptrishi Publication with ISBN No. 978-81-19011-62-9 and Edition May 2023.
- Successfully defended Ph.D viva on 24th May 2023 on Research topic- “Employee Empowerment as Antecedent of Job Satisfaction: A Study of Teachers in Private Universities in Punjab” from IKGPTU Kapurthala. In lieu of this Provisional Degree Certificate has been issued dated 1st June 2023.

**Mrs. Shefali Kashyap**

- .Published a book chapter titled Forensic Accounting: What, When, Where & Why in the book titled 'Contemporary Issues and Emerging Dimensions in Finance, Accounting, Economics, Banking and Management' ISBN no. 978-1-913482-15-2

- Published a Research Paper titled 'Sustainable Investment: A Way towards Atamnirbhar Bharat' in Edited book of a National Seminar titled 'Fostering Sustainable Investment Behaviour: A Paradigm shift towards Green Economic Growth' Sponsored by ICSSR.
- Participated in DBT sponsored One Day National Seminar on Recent Advancements in Mathematical and Applied Sciences as Delegate on April, 2023, organized by PG Department of Mathematics.
- Received a Certificate of Appreciation from Nehru Yuva Kendra for being a part of team in organising the YUVA UTSAV: INDIA @2047 on 31 May 2023.
- Published a book chapter titled Building Trust and Confidence: A Comprehensive Analysis of Corporate Governance in India in book titled 'Business Ethics Corporate Compliance and Corporate Governance: Current Scenario and Emerging Trends' ISBN: 978-3-96492-472-8 published by Weser Books Germany.

#### **Dr. Rakhi Mehta**

- Paper Presentation in 3 rd international conference Emerging Trends in Traditional and Technical Textile (3 rd ICETT), Department of Textile Technology, 28 to 30 th April 2023 at Dr BR Ambedkar National Institute of technology, Jalandhar on topic "Traditional Textile Designs with Special reference to Banaras Brocades".
- Paper Presentation in Kala Utsav-2023, seven Days online international seminar Art-Demonstration and lecture Series, 9th June to 15th June 2023 on topic Traditional Textile Designs.
- Attended TECH4TEX- SPORTECH Technical Textile Conclave on Sportech on 19 th June 2023, organised by Department of Textile Technology, Dr BR Ambedkar National Institute of technology Jalandhar, Punjab State Council for Science & Technology, Wool Research Association, Mumbai & Technology Enabling Centre, Panjab University Chandigarh.

#### **Lt. Sonia Mahendru**

- Participated as a delegate in ICSSR sponsored National Seminar on ' Fostering Sustainable Investment Behaviour: A Paradigm Shift towards Green Economic Growth' organized by PG Department of commerce and management of HansRaj Mahila MahaVidyalaya Jalandhar on Feb 25, 2023
- Attended Army Attachment Camp with 18 Sikh Regiment from Jan 11 -22, 2023 under 2 Pb(G) BN NCC Jalandhar.

#### **Mrs. Lovleen Kaur**

- Published a Paper on Environmentally and Economically Sustainable Green Growth in ICSSR Sponsored National Seminar on Fostering Sustainable Investment Behaviour organized at HMV, from 2023-02-25 to 2023-02-25.
- Subject Expert for the selection of teachers at Shiv Jyoti Public School, Jalandhar, Feb 2023.
- Acted as judge in Poetical Recitation Competition held by District Election Commission on National Voters' Day, January, 2023.
- Received Appreciation Certificate from District Election Commission on National Voters' Day
- Acted as Judge in Declamation contest organized by GNDU at HMV under Yuva Utsav 2023
- Received Appreciation Certificate from MHRD Innovation Cell for contributing towards Innovations.

### **Mrs. Ramandeep Kaur**

- Participated in International Earth Sciences Conference -2022 by University of Science and technology Meghalaya and Got best Presentation award in oral presentation on topic "Biodiesel production from Chlorella for the sustainable development".
- Participated in 2nd International Conference on Multidisciplinary Research and Innovation- 2023 and got GLOBAL BEST PRESENTATION AWARD on presenting paper on the topic "Spectroscopic analysis of oil extracted from Chlorella pyrenoidosa."

### **Mrs. Pawan Yadav**

- Chapter in book ' Adhunik Hindi kavita- Vividh aayam' published by 'Aastha Prakashan', New Delhi with ISBN : 978- 93 84407-99-5 , Book editor is Dr Sunil Kumar from Guru Nanak Dev University Amritsar, head Hindi department and doctor lovleen Kaur from kmv College Jalandhar Chapter title is - 'Aagye Ki kavitaon Mein katthe Chetna',
- Appreciation certificate from Hindu Kanya College, Kapurthala for participation in National webinar on the theme 'Institutional Preparedness for National education policy- 2020 organised by internal quality
- Assurance Cell of Hindu Kanya College, Kapurthala on 20 January 2023.
- Appreciation certificate from office of Deputy Commissioner cum District Election Officer Jalandhar, on 13th National voter's day on 25th January 2023 for immense contribution in creating awareness among voters
- Received a Badges of honor from Awaz welfare society, Punjab on 17 February 2023 on the occasion kuch Pal Maa boli de naam, 6th Samagam.
- Attend a two day youth red Cross counselling Workshop on 14-15 March 2023 in Mata Gujri College, Shri Fatehgarh Sahib.
- Participated in Refresher Course from 6th may to 20th may 2023, in Teaching Learning Centre, Ramanujan College, (Accredited Grade A++ by NAAC, University of Delhi) organized under the aegis of Pandit MadanMohan Malaviya National Mission on Teachers and Teaching, Ministry of Education

## **Career Advancements/Placements**

**31/01/2023**

### **HMV Students got placement in Nimble Technocrats**

The placement Cell organized a campus placement drive for the final year students of the college. The HR Department of Nimble Technocrats visited the campus and conducted the drive. The students of BCA, B.Sc. IT, M.Sc. Comp. Sci. and M.Sc. IT and Multimedia participated in it. 3 students got selected in this drive. They were judged on the basis of Communication Skills, Reasoning and Knowledge of their field. Principal



**06/02/2023**

**5 students of HMV got placement in Next Art Creation**



The Placement Cell organized a Placement Drive with Next Art Creation. Principal Prof. Dr. (Mrs.) Ajay Sareen told that 5 students of HMV got placement in this drive. The selected students will be given training of 17 days with a stipend of Rs. 10,000/-. After the completion of training period, they will be given a package of Rs. 6.2 lac per annum. Principal Dr. Ajay Sareen congratulated the selected candidates and said that the placement cell of HMV continuously work for the placement of the students.

**07/02/2023**

**7 students of HMV got placement in Ansh Infotech**



The Placement Cell organized a Placement Drive with Ansh Infotech in which 7 students of the college got placed. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated the selected candidates. Placement Officer Mr. Jagjit Bhatia told that in the placement drive of Ansh Infotech, the students were judged on the basis of Communication Skills and Reasoning. After the process of interview, 7 students were selected. These students will have jobs in their hands even before the completion of their graduation.

**09/02/2023**

**29 students of HMV selected in the Knowledge Academy**



The Placement Cell organized a Placement Drive of the company The Knowledge Academy. Principal Prof. Dr. (Mrs.) Ajay Sareen told that 36 students have appeared for this drive out of which 29 got selected. These students got selected for the posts of Operations Manager, Content Writer, Web Developer and Customer Service Manager. Principal Dr. Ajay Sareen congratulated the selected candidates. She also congratulated Placement Officer Mr. Jagjit Bhatia and his team. She said that facing interviews even before the completion of Graduation will boost the confidence of the students and it will give a feeling of

accomplishment to them when they clear these interview rounds.

## *Amplius: Co-Curricular Activities*

**14/01/2023**

**Youth Day celebrated**

National Youth Day was organized by the NSS Department in which Prof. Jagmohan Singh, the Nephew of Freedom Fighter Sardar Bhagat Singh, was the Chief Guest. Prof. Jagmohan Singh highlighted the contribution made by Swami Vivekananda and his maternal Uncle Sardar Bhagat Singh. He told students that Sardar Bhagat Singh read approximately 300 books in his imprisonment. He said that



books are part and parcel of our life and it is with the help of books that we can change our thoughts and with thoughts we can change ourselves and if we change ourselves then the whole world will change on its own. He, further, made the NSS volunteer aware pertaining to the problems of brain drain and unemployment. Programme officer Dr. Veena Arora told them about seven day NSS camp organized in the campus. Winners of poster making, nukkad natak, video presentation and diary writing were given prizes. Programme advisor Dr. Anjana Bhatia, Programme Officer Dr. Veena Arora, Ms. Harmanu Paul, Ms. Bhawana and Mr. Parminder Singh were given certificates for their active participation in seven day NSS camp.

**15/01/2023**

#### **Mammography Camp organized**

Inner Wheel Club, Jalandhar West in association with HMV organized Free Mammography Camp in the college premises under Staff Welfare Scheme. Dt. Monisha Sikka, President, Mrs. Anita Pabla Secretary, Mrs. Tajinder Kaur, Treasurer and Dr. Sarika Khanna from Inner Wheel Club, Jalandhar West and Mr. Darshan Singh, President, Mr. Daljit Singh Viridi, Mr. Kuldeep Singh from Rotary Club of Jalandhar West were present on this occasion. Principal Prof. Dr. (Mrs.) Ajay Sareen welcomed all the guests and said that health is most important in our busy life. The incharges of this camp were Dean Academics Dr. Seema Marwaha and Dean Research and Innovation Dr. Anjana Bhatia.



**21/01/2023**

#### **HMV Inaugurated Various Competitions for celebrating National Voters' Day**

Hans Raj Mahila Maha Vidyalaya, Jalandhar inaugurated various competitions for celebrating National Voters' Day in collaboration with Deputy Commissioner-cum-District Election Officer. Students from different colleges of District Jalandhar participate in Essay writing, Speech, Rangoli, Poster Making, Nukkad Natak and Skit on the theme of "Voters Awareness and Participation in Election in India". Principal Dr. Ajay Sareen gave best wishes to Co-ordinator Dr. Anjana Bhatia, Mrs. Nita Malik and Co-Coordinator Mrs. Alka Sharma for conducting these competitions.



**23/01/2023**

#### **Voters Awareness Rally**

Hans Raj Mahila Maha Vidyalaya organized "Voters Awareness Rally" to celebrate National Voters Day in collaboration with Deputy Commissioner cum District Election Officer. Principal Prof. Dr. (Mrs.) Ajay Sareen, Chief Guest Mrs. Vani Vij, Director Dainik Savera, students of HMV & other colleges of the district and faculty members of the college held a rally in the college campus to motivate the students to cast their votes. Dr. Anjana Bhatia, Dean Innovation and Coordinator of National Voters Day welcomed Principal Dr. Ajay Sareen and Chief Guest Mrs. Vani Vij, Director Dainik Savera. They inaugurated the rally by waving green flag and raising the slogan "Nothing like voting. I vote for sure."



Principal Dr. Sareen motivated students to take part in the largest democracy of the world by getting their voter cards and cast their votes wisely. Mrs. Nita Malik, Mrs. Alka Sharma, Dr. Veena Arora, Dr. Jyoti Gogia, Ms.

Harmanu, Dr. Shalinder, Dr. Jiwan Devi and around 100 NSS volunteers participated in the rally. Students were also given information about the online portal '[nvsp.in](http://nvsp.in)'.

**24/01/2023**

**UBA Team of HMV Celebrated Prakaram Diwas**

Unnat Bharat Abhiyan Team celebrated Prakaram Diwas in collaboration with NITTTTR, Chandigarh in online mode to celebrate 126<sup>th</sup> birth anniversary of Netaji Subhash Chandra Bose. Inaugural address was presented by Prof. Shyam Sunder Patnaik, Director NITTTTR, Chandigarh. He highlighted the contribution of Netaji towards struggle of freedom and formation of Aazad Hind Fauj. Dr. Binayak Dutta from the Department of History talked on the topic "Role of Netaji in making of Modern India." He further said that Neta ji was not only a freedom fighter but a visionary leader also, who could develop the blueprint of Independent India. The celebration ended with paying tribute to Netaji. The programme was attended by members of Unnat Bharat Abhiyan team comprising Dr. Anjana Bhatia, Dr. Minakshi Duggal Mehta, Mrs. Urvashi, Mr. Sushil Kumar, Mrs. Shefali Kashyap and Mrs. Alka Sharma.



**25/01/2023**

**HMV Organized 13<sup>th</sup> National Voters Day**

Hans Raj Mahila Maha Vidyalaya, Jalandhar organized 13<sup>th</sup> Voters Day in collaboration with District Election Office, Jalandhar. The chief guest of the event were Sh. Narinder Bajwa, Sh. Amandeep Singh, SDM Sh. Sukhdev, Tehsildar and Mr. Surjeet Lal, District Guidance Officer. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated all on the National Voters Day and advocated to be aware of their duties. Principal Dr. Ajay Sareen expressed her gratitude towards Election Commission for assigning this event to HMV for consecutively 8<sup>th</sup> time. ADC Mr. Narinder Bajwa apprised the younger generation of the importance of Democracy and encouraged them to get their voter ID made when they become eligible. Song Jugni was followed by release of song "Main Bharat Hoon", produced by Election Commission of India. Dedicated to Voters Day, a Nukkad Naatak "Vote Pao, Desh Bachao" was presented. New voters were distributed their voter cards. Principal Dr. Ajay Sareen was awarded appreciation certificate for her remarkable contribution towards creating voter awareness. At the end of the event, Tehsildar Sh. Sukhdev thanked the audience for participating in the event. Students were awarded for participating in various events like Poster Making, Debate Competition, Rangoli and Essay Writing Competition. The event was organized under the guidance of the Coordinator Dr. Anjana Bhatia, Mrs. Nita Malik and Mrs. Alka Sharma. The event concluded with the recitation of National Anthem.



**28/01/2023**

**Basant Panchmi Festival Celebrated**



Basant Panchmi Festival was celebrated in the premises by the Student Council. Principal Dr. Ajay Sareen welcomed the guests of the day Mr. Narinder Bajwa, ADC and Sh. Amandeep Singh, SDM Phillaur. Saraswati Pujan was done by the Head of the Institution Dr. Ajay Sareen along with the Chief Guest of the day Mr. Narinder Bajwa. Saraswati Vandana was recited by the students of Music Vocal department under the guidance of Dr. Prem Sagar. Mr. Narinder Bajwa presented the Yellow Kite to Principal Dr. Ajay Sareen as a symbol of Happiness and Prosperity for the College. On the occasion, the kite flying was also done.

Wishing the success to the College, the chief guest also pulled the string of the kite and made it fly higher. The Prasadam (Sweet Yellow Halwa) was distributed among the students, faculty and staff members of the college.

**01/02/2023**

**Installation Ceremony of Discipline Committee**

The Installation Ceremony of Discipline Committee was organized under the able guidance of Principal Prof. Dr. (Mrs.) Ajay Sareen. The volunteers of Discipline Committee were given badges and they were encouraged to fulfill their duties with full devotion. Principal Prof. Dr. (Mrs.) Ajay Sareen educated the volunteers about the value of discipline in life. She said that all the students should carry forward the legacy of HMV. On this occasion, Dean Academics Dr. Seema Marwaha, Dean Vedic Studies Dr. Mamta, Incharge Publications Mrs. Ritu Bajaj, Dean Discipline Dr. Shallu Batra, Co-Dean Mrs. Kajal Puri, Mrs. Rama Sharma, Mr. Pardeep Mehta, Dr. Neeru Bharti Sharma were also present. 126 total badges were given which included 13 office bearers and 113 volunteers. The ceremony ended with National Anthem.



**02/02/2023**

**Mass Comm. Students visited Radio City**

The student of Mass Communication and Video Production Department visited Radio City 91.9 FM Office as a part of their curriculum. They were welcomed by Regional Programming Director Punjab and Haryana Mrs. Seema Soni. She told them about the working of Radio Station and Programming Part. RJ Sandy told the students about the duties and responsibilities of Radio Jockey. He told them that there are lots of job opportunities in Radio besides being a RJ. The students also met their Sound Engineer Mr. Vishal Nolin and RJ Imran Khan. The students asked their queries from them. The visit was indeed very beneficial for the students. They were accompanied by Head of Department Mrs. Rama Sharma, Ms. Priyanka Jain and Ms. Priya Sharma.



03/02/2023

HMV organised Fashionista-The Glam Show 2023



Fashionista-The Glam Show 2023 was organized successfully under the leadership of proficient Principal Prof. Dr. (Mrs.) Ajay Sareen in the premises of Hans Raj Mahila Maha Vidyalaya, Jalandhar. Justice (Retd.) Sh. N.K. Sud, Vice President DAVCMC and Chairman of Local Committee alongwith his wife Mrs. Arunima Sud were the chief guests for the occasion. The event also witnessed the gracious presence of Lady of the day Dr. Jasleen Kaur, CEO, Orthonova hospital, Mrs. Vani Vij, Director Dainik Savera, Mrs. Ronita, CEO, Evergreen Publication, Mrs. Seema Soni, Regional Programming Director, Punjab-Haryana Radio city, Sh. Arvind Ghai and his wife Mrs. Rashmi Ghai and from local committee Sh. Ajay Goswami alongwith his wife, Sh. Y.K. Sud alongwith his wife, Sh. Surender Seth and his wife, Sh. Kundan Lal Aggerwal, Sh. S.P. Sahdev, Dr. Pawan Gupta, Dr. Sushma Chawla, Mrs. Purnima Beri, Sh. Irwin Khanna, DEO Sardar Gursharan Singh, Principal Kiranjit Randhawa, Sh. Rajeev Joshi, Principal Sh. Rakesh Sharma, and Sh. Sudhir Sharma made their presence in this majestic show. Principal Prof. Dr. (Mrs.) Ajay Sareen welcomed all the guests, sponsors, Media partners, Radio partners, local committee, Designers, Show stopper and thanked them to come in HMV. Principal Sareen said that the prime endeavour of this Glam Show is to motivate young girls and encourage women empowerment so that they could face any sort of challenge in their life with boldness and mettle. In order to make the event more cheerful, a renowned Punjabi singer Sardar Kulbir Singh forced the students to dance on his popular songs. RJ Karan, with his prowess, engaged the audience and made them happy. Students from the department of fashion designing presented beautiful dresses and captivated the audience. Justice (Retd.) Sh. N.K. Sud, in her speech, blessed one and all and congratulated the whole staff for organizing such a peculiar event. This Fashionista was organized in ten rounds in which students and teachers engaged all by wearing different colorful attires and presenting them on the ramp. Various colourful dresses were presented by Show Stopper round Nidhi Sardana. At the end of the event, guests also walked on the ramp and increased the charm of the show. Principal Dr. Ajay Sareen presented a token of love towards the chief guests and sponsors of the event. Lady of the day, Dr. Jasleen also thanked to all in her speech.



08/02/2023

### Achievers' Day-2023



The lamp doesn't speak, it introduces itself through its light, Achievers never expose themselves but their achievements expose them. To honour and acknowledge the achievements of students, HMV Collegiate Sr. Sec. School celebrated "Achievers Day 2023" with exuberance. The event commenced with an invocation to the Almighty by kindling the lamp of knowledge followed by the recital of DAV Gaan. Principal Prof. Dr. (Mrs.) Ajay Sareen and School Coordinator Dr. Seema Marwaha extended green welcome to the worthy Chief Guest of the event, PCS Officer Gursimranjeet and the Presiding Officer Justice (Retd) Sh. N.K. Sud, Vice President DAVCMC and Chairman of Local Committee. Principal Dr. Ajay Sareen, while addressing the students, appreciated and congratulated all the prize winners for their commendable achievements. She further inspired students by saying that the real goal is to keep improving and saying to yourself that the best is yet to come. School Coordinator Dr. Seema Marwaha presented Annual Report of session 2022-23. Around 180 students were awarded for their prodigious achievements in scholastic & co-scholastic activities. On this occasion, Head Girl, Joint Head Girl, Class Representatives, Office Bearers and students of Task Force were also honoured with Appreciation Certificates. The Best Student of The Year Award was given to Jahnvi Kapoor and Komal was awarded with the Best Player of the Award. The Honorable Chief Guest PCS Officer Gursimranjeet Kaur was highly pleased with sagacious vibes spreading all over in HMV Campus. She inspired the students to find their real selves, work harder and achieve their aims. The Presiding Officer Justice (Retd.) N.K. Sud showered his gracious blessings by saying that determination with hard work is imperative to be successful in life. The event ended with recital of national anthem.

10/02/2023

### Students of HMV Visited GNDU Amritsar

HMV participated in one day boot camp at Guru Nanak Dev University, Amritsar, emphasizing early stage women start ups and stands for Tech Start-Up-Connect and Grow Series-under-SHE (Startup's Handholding and Empowerment) initiative of Punjab State Council for Science and Technology in partnership with GNDU, Amritsar was organized. Session began with a quiz and a healthy exchange of views on "Women Empowerment and Entrepreneurship". Dr. Amandeep Singh, member of Incubation Centre explained about the concept of entrepreneurship, idea pitching and other ideas related to it. Dr. Sarabjot Singh Behl, Dean Academic Affairs inaugurated the session in presence of dignitaries like Dr. P.K. Pati. Dr. Sarabjot Singh Behl was the chief guest of the event, who detailed on Women Empowerments and Entrepreneurship. Dr. Dapinder Kaur Bakshi-Joint Director, Punjab State Council for



Science and Technology enlightened everyone with the SHE initiative and with the current percentage comparisons of Women Empowerment in this sector. Mrs. Shikha Sareen, a young entrepreneur shared her inspiring life journey as an entrepreneur. Mr. Amitej Singh emphasized about 3P Patience, Passion and perseverance in this field. Mrs. Muskan Kapoor owner of Angel Paradise, associated with art of living, encouraged the young Ladies about importance of High's and Lows in career.

**12/02/2023**

#### **Mass Communication Students Visited Doordarshan**

The students of Mass Communication and Video Production Department visited Doordarshan Kendra. They were welcomed by Doordarshan Programme Producer Mr. Kewal Krishan. He told the students about the functioning and the programming of the Doordarshan. The students visited the Newsroom, Chroma Studio, Control Room and Editing Department. The students were also given information about Pre-Production, Production and Post Production Process. Along with this the students also got an opportunity to watch the live music programme. Doordarshan Director Mr. Anoop Khjuria informed the students about the job opportunity available in Doordarshan.



**13/02/2023**

#### **World Radio Day Celebrated**

The PG Department of Mass Communication and Video Production celebrated World Radio Day on the theme "Radio and World Peace." The Resource Person was Mr. Kanwarpreet Singh Narula, Content Leader Radio Mirchi 98.3 FM. Head of Department Mrs. Rama Sharma, Ms. Priyanka Jain and Ms. Priya Sharma welcomed him. He addressed the students and said that Radio is major source of information and entertainment. He said that Radio has the widest audience and currently taking up new technological advancements. He also discussed about various career opportunities in Radio. He ultimately gave a message to the students that "Content is the key in Radio. Head of Department Mrs. Rama Sharma presented vote of thanks. Mr. Narula was honoured with planter by Mrs. Navroop, Dean Youth Welfare.



**14/02/2023**

#### **Jashn-e-Parwaaz-2023**

An essence of overwhelming elation swept over in the farewell function Jashn- e- Parwaaz-2023 organized to bid adieu to the students of SSC 2. The School Coordinator Dr. Seema Marwaha and Dean Student Council Mrs. Urvashi Mishra extended green welcome to the guest of honour Principal Prof. Dr. (Mrs.) Ajay Sareen. The students put up musical performances in the form of songs and cultural dance performances. Principal Prof. Dr. (Mrs.) Ajay Sareen showered her blessings and expressed her strong belief that girls of HMV are the ambassadors of the values and ethics they have learnt from the Institute. She further inspired students to remain humble and connected to their roots and wish them great success in their future.



The coordinator Dr. Seema Marwaha conveyed her sincerest regards to the guest of honour Dr. (Mrs.) Ajay Sareen under whose illuminated aura the institution is reaching greater heights of success. She also wished the students to emerge triumphant in all walks of life. The judges for modelling competition were Dr. Ashmeen Kaur, Head of Psychology Department, IQAC Coordinator, Dr. Neelam Sharma, Head of Chemistry Department, Dr. Rakhi Mehta, Head of Skill Courses, Mrs. Binoo Gupta, Dean Student Welfare. The coveted title of Ms.

Royale was given to Kashish Handa, Karishma won the title of Ms. Buoyant, title of Ms. Empirical was given to Kuljinder. Diya Sharma won the title of Ms. Farewell 2023, khushi won the title of Ms. Farewell first runner up and Mehak Chopra won the title of Ms. Farewell second runner up. All the dignitaries passed on the light of wisdom- DivyaJyoti from the outgoing students to the students of SSC 1.

**15/02/2023**

#### **Multimedia Club organized a visit to Machinex – 2023**

The Multimedia Club of PG Department of Multimedia organized a visit to Machinex – 2023 for the students of B. Design (Multimedia), B. Vocational & M. Vocational (Web Tech. & Multimedia). The students had an opportunity to know about the cloud storage and working infrastructure. Mr. Mukesh Bansal, Director, Btrack India Pvt. Ltd. guided the students about their solutions for Cloud hosting, Backup and Security Services. He also provided knowledge about their technical support to websites and softwares through their VPS and different Servers. During the visit, the students came to know about the impression and laser printing on Pens, Book Covers and Metal via the industry BEE Prints. The students got awareness of leading technologies used in the industries that will help them in increasing their knowledge for better employment opportunity. Mr. Ashish Chadha, Head of Dept. and Mr. Rishabh Dhira accompanied the students to the exhibition.



**17/02/2023**

#### **6<sup>th</sup> International Language Day Organized**

Under the support of proficient Principal Prof. Dr. (Mrs) Ajay and with the collaboration of Awaz Welfare Society, the 6<sup>th</sup> International Language Day event named “Kujj Pal Maa Boli De Naam” was successfully organized by the PG Department of Punjabi in the premises of Hans Raj Mahila Maha Vidyalaya, Jalandhar. Padam Shri Dr. Surjit Pattar (President Punjab Kala Parishad) was the chief guest for the occasion. Principal Dr. Ajay Sareen welcomed the chief guest by presenting him planter and a token of love. The eve was commenced by lighting the holy lamp. Mrs. Navroop (Head of the Punjabi Department) welcomed all the guests and faculty members for their presence. Further, she said,



Punjabi department always take initiatives to popularize Punjabi language in the world. Principal Dr. Sareen welcomed the Awaz Welfare Society for selecting to organize this event in north India's leading institution i.e. H.M.V. She told that, this institution never forgets to celebrate International Mother Language Day and always keep ready to impart Punjabi Language in and across the country. Moreover, she said, multiple programmes are conducted on this day but these programmes can be successful only if we surrender ourselves to Punjabi Language both physically and mentally. She also congratulated the PG Department of Punjabi for organizing this event. The chief guest Padam Shri Dr. Surjit Pattar, in his speech, said that he always feels proud whenever, he comes in this institution. Further, he said that in order to impart the Punjabi Language, academic institutions play inevitable role. In addition, he said that there are distinct religions in our society and people belonging to different religions live in our country but Literary writers, Singers, Government, Media, Movie directors, Literary societies, and academic institutions can only save the Punjabi Language from extinction. Moreover, he told that, Punjabi Language was created by our ancestors and it is our responsibility to impart it. Next, he said, Punjabi Language is not only the language of five river. Actually, it has become the language of seven seas now. On this occasion, for promoting the movie “Ji wife Ji”, its start cast Karamjit Anmol, Ekta Gulati, Gurpreet, and Lucky Dhaliwal made their special appearance. The entire event was organized by the main organizer Sumit Duggal and Kulwinder Singh from France. On this eve, Harpreet Singh Makkhu, Gurmeet

Singh Maan, Singers Ranbir, Shinda Multani, Navjeet Gill and jeevanJoti showed their singing skills and made the milieu cheerful.

**18/02/2023**

#### **Star Cast of Punjabi Film 'Gol Gappe' Visited HMV**

The star cast of upcoming Punjabi Film "Golgappe" Mr. Binoo Dhillon, Ms. Ihana Dhillon, Ms. Navneet Kaur Dhillon and their team visited the campus for the promotion of their movie. The programme started with the lighting of the lamp. Principal Prof. Dr. (Mrs.) Ajay Sareen honoured the guests with the planter and Phulkari. She gave them best wishes for their film and said that Punjabi Films always represent Punjabi culture and traditions. Mr. Binnu Dhillon, who is known for his versatility and acting acumen, gave a brief introduction of the film that it depicted sweet and sour moments of life in humorous manner. The other main leads Ihana Dhillon and Navneet Kaur Dhillon felt elated by the energy and enthusiasm of the students. Mr. Rajit Bedi expressed his gratitude to Principal Dr. Ajay Sareen for organizing gala event. The event was immensely appreciated by the students as they felt enlivened and rejuvenated. Dr. Anjana Bhatia conducted the stage of this vibrant afternoon.



**20/02/2023**

#### **Story Telling Competition**

The departments of Bioinformatics and Biotechnology organized "Story Telling Competition" under the aegis of DBT Star College Scheme. This event was a part of the "Innovative Teaching Pedagogies" initiative by these departments in which students from different science streams participated to showcase various scientific concepts in the form of stories. It is worth mentioning that the event was planned with motivation from the DAV College Managing Committee and the guidance of Principal Prof. Dr. (Mrs.) Ajay Sareen. The programme was initiated with the welcome address by Dr. Jatinder Kumar, Head Department of Biotechnology while the concept note was given by Dr. Harpreet Singh, Head Department of Bioinformatics.



The chief guest of the day, Mrs. Navroop, officiating Principal, Dean Youth Welfare and Head PG Department of Punjabi, applauded the organizers for such a unique initiative for the students. The guest of honor Mrs. Mamta, Dean Vedic Studies and Head PG Department of English, felt excited to see such an amalgamation of literature and Science. Dr. Neelam Sharma, Faculty incharge Sciences and Head PG department of Chemistry, motivated the participants to use this opportunity to enhance their communication skills. Dean Academics, Head Department of Zoology, Dr. Seema Marwaha and Dean Innovation and research, Head PG Department of Botany, Dr. Anjana Bhatia encouraged the students to participate in such initiatives. In this competition Ms. Taniya Sethi of M.Sc. Bioinformatics Semester-II received the 1<sup>st</sup> prize while the team consisting of Ms. Navreen Kaur and Ms. Nitya Bangroo from B.Sc. Biotechnology Semester-IV got the 2<sup>nd</sup> Prize. The third prize was won by Ms. Bhavya Samridhi and Ms. Amritpal Kaur of B.Sc. Biotechnology Semester-II. Mrs. Ramandeep Kaur and Dr. Suchi Sharma from PG Department Botany acted as judges of this event.

**21/02/2023**

#### **Best Wishes Card Ceremony Organized**

HMV Collegiate Sr. Sec. School organized Best Wishes Card Ceremony for the students of SSC-I and SSC-II. Principal Prof. Dr. (Mrs.) Ajay Sareen gave best wishes cards to the students and prayed to



Almighty for their better future and excellent performance in exams. The cards which were distributed were made up of recycled paper by the students of Student Council of the college. The sweets were also distributed to the students. On this occasion, Dean Academics and School Coordinator Dr. Seema Marwaha, Dean Student Council Mrs. Urvashi Mishra and faculty members of school section were present.

**23/02/2023**

#### **Eye Check up Camp**

The NSS Unit organized an Eye Check Up Camp in association with Akal Eye Hospital and Awaz Welfare Society Punjab. Dr. Shilpa Kaul, Mr. Naushad, Mr. Gurpreet Singh, Mr. Tribhuvan Kohli from Akal Eye Hospital Checked the eyes of more than 160 students and staff members. They told them about eye care and nutritious diet to be taken for the eyes. They advised to go for eye check up at regular intervals so that serious problems of eyes can be checked on time. Principal Prof. Dr. (Mrs.) Ajay Sareen appreciated the efforts of NSS volunteers and said that NSS always organizes such programmes for the welfare of the society. NSS incharge Dr. Veena Arora said that NSS is involved in activities of social welfare. The registration was done by NSS volunteers Pranjali and Mehak. On this occasion, Head of Punjabi Department Mrs. Navroop, Dr. Jyoti Gogia, Ms. Harmanu and Mr. Parminder Singh were also present.



**28/02/2023**

#### **Visit to The Care for Autism Foundation**

Under the able guidance of Principal Prof. Dr. (Mrs.) Ajay Sareen, the PG Department of Psychology organised an Educational visit to The Care for Autism Foundation, Jalandhar. The students were welcomed by Mr. Atul Madaan, Clinical Psychologist and Chief Advisor, Care For Autism; and his team at the facility. Mr. Madaan briefed the students about autism spectrum disorder, early signs, behavioural factors, identification criterion and how early intervention helps children better. The students were then shown the occupational therapy and Multi- sensory rooms and were informed about the uses of every equipment. After the tour of the facility, Mr. Atul Madaan discussed the importance and types of therapeutic avenues that are required for a child under the spectrum of autism. Mr. Madaan also answered the queries from the children. Principal Dr. Ajay Sareen appreciated the efforts of the students for creating awareness and encouraged them to take part in such visits in the future as well. On this occasion Dr Ashmeen Kaur, Head of PG Department of Psychology, and faculty members, Ms Niharika, Ms Shruti and Ms Harpreet were present.



**01/03/2023**

#### **Starcast of "Mittran Da Naa Chalda" Visited HMV**

A promotional event for the movie "Mittran Da Naa Chalda" was organized in the premises of Hans Raj Mahila Maha Vidyalaya, Jalandhar. The star cast of the movie Tania and Raj Shoker were welcomed warmly with planter and Punjabi traditional 'Phulkari.' On this occasion, teaser of the movie was also played on which was enjoyed by students thoroughly. In her speech, Principal Dr. Ajay



Sareen said that “Mittran Da Naa Chalda” is a didactic movie in which problems which are faced by girls who leave their house for bread and butter have been illuminated. Moreover, Dr. Sareen explained that, how these girls are tortured physically and mentally in the society and how people treat them indifferently. In addition to it, she told that, such sorts of movies depict the rights of women which further assist them to maintain dignity in the society. The star cast of the movie Tania and Raj Shocker presented their views on this picture and suggested that, this movie has been made especially for girls and every girl must watch it. Moreover, they said, in this movie, they have enlivened themselves for highlighting the dark side of society which become chaos in the way of girls who leave their house for earning in order to run their domestic life and how, while, earning, the people of different community try to use them. On this eve, students and teachers also danced with the star cast of the movie. Principal Dr. Sareen congratulated the entire team and wished a grand success for the movie. Dr. Ashmeen Kaur, IQAC Coordinator, Dr. Shallu Batra, Dr. Rakhi Mehta, Dr. Pooja Minhas, Superintendents Mr. Pankaj Jyoti, Mr. Lakhwinder Singh, Mr. Ravi Maini, faculty members from other departments and technical staff were present.

**06/03/2023**

### **National Science Day Celebrated at HMV**

C.V. Raman Science Society “National Science Day” on the theme ‘Global Science for Global Well being’ in collaboration with PSCST & NCTSC, DST, Govt of India. The Chief Guest for the occasion was Dr. Neelima Jairath, Director General, Pushpa Gujral Science City, Kapurthala. Principal Prof. Dr. (Mrs.) Ajay Sareen accorded green welcome to Dr. Neelima Jairath. Dr. Neelam Sharma Dean Faculty of Sciences and In charge of C. V. Raman Science Society extended warm welcome and explained why this day is celebrated as National Science Day and working of C.V Raman Society of institution. Dr. Neelima Jairath delivered a lecture on the topic “Global Science for Global Wellness & Global Resources”. She beautifully explained why India has chosen this topic for the celebration of



National Science Day. She stated that wellness is measured by Happiness Index. To mark the celebration, various competitions were also organised in which students from B.Sc. & M.Sc. classes of Science participated enthusiastically. In Quiz competition, team comprising of Kritika, Rashi and Nishika of M.Sc Chemistry got first prize. Quiz was conducted by Dr. Sakshi and Dr. Vandana. In Plant Variety Show, Students participated fervently and presented various types of Ornamental/ Medicinal and Succulent Plants and also described their uses. The In charges of Plant Variety Show were Dr. Nitika Kapoor, Mrs Ramandeep and Dr Shuchi. The event was judged by Dr. Nitika, Dr. Rakhi, Mrs. Ramandeep. In Plant Variety Show Jasleen Kaur bagged first prize in Succulents Category. In ornamental Plant category Yashika Arora got first prize. Janvi got first prize in Medicinal plants category. Principal Prof. Dr. (Mrs.) Ajay Sareen appreciated the efforts of Science Department and also encouraged students to work in the field of science. She said that by organizing such activities, students get opportunity to show their hidden talent and the purpose of this event is to provide platform to students to showcase their scientific capabilities and talent. She further informed that in the evening Night Sky Watch will also be organized for the students to commemorate the National Science Day. During this event, STARTUP HMV MISSION HARYALI was launched under Institution Innovation Council in which ecofriendly planters will be made by the students. Dr. Seema Marwaha, Dean Academics and Head of Zoology Department presented vote of thanks. She particularly thanked Punjab State Council of Science and Technology & NCTSC, DST, Govt of India and said that by organizing such activities, students get opportunity to show their hidden talent. Dr. Anjana Bhatia, Coordinator of the event informed that Science Departments at HMV are continually

working towards increasing the participation of women in Science and Technology in the region. She also played the role of Master of Ceremony.

**07/03/2023**

#### **HMV Environment Club Celebrates Organic Holi**

Environment Club celebrated Organic Holi under DBT Star Scheme to spread awareness regarding use of eco-friendly, herbal and skin-safe colours. On this occasion, the competitive events such as Eco-friendly Rangoli and Fireless cooking competition were organized. Students from all streams enthusiastically participated in the events and prepared beautiful Rangolis using eco-friendly materials such as pulses, rice, flour, leaves, flowers etc. Students also prepared colourful and immunity boosting dishes using natural herbs, citrus fruits, broccoli, bell peppers, ginger, garlic, turmeric etc demonstrating the correct match of various ingredients to enhance maximum absorption of nutrients from the food. The students also prepared organic colours from sandalwood, beetroot, turmeric, spinach, hibiscus, marigold, rice, flour and gram flour. Prof. Dr. (Mrs.) Ajay Sareen emphasized the use of organic and environmentally friendly colours instead of synthetic colours to avoid the exposure to harmful chemicals. She also congratulated HMV Environment Club for the initiative and appreciated the flawless efforts of students. Head of Zoology Department and Dean Academics, Dr. Seema Marwaha motivated the students to take home message of using only eco-friendly and herbal colours and spread awareness among their close ones to avoid using harmful colours and educate them regarding the health and environmental risks associated with synthetic chemical-based colours. Environment Club Incharge, Dr. Sakshi Verma explained that the chemical-based Holi colours are mostly industrial dyes or oxidized metals mixed with oil and include the harmful elements. The events were judged by Dr. Neelam Sharma, Dr. Shaveta Chauhan, Mrs. Deepshikha and Dr. Nitika Kapoor. The teams securing 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> prize in both the competitions were awarded and e-certificates were provided to all the participants. Student office bearers of the environment club Yashika Arora, Twinkle Aggarwal and Akanksha prepared beautiful cards and badges on this occasion.



**09/03/2023**

#### **Women Empowerment Cell of HMV Celebrated Women's day**

Hans Raj Mahila Maha Vidyalaya celebrated International Women's day with great fervour and enthusiasm under the dynamic guidance of Principal Prof. Dr. (Mrs.) Ajay Sareen. It was organized by Women Empowerment Cell led by Dr. Ramnita Saini Sharda and Mrs. Protima Mander. Principal Dr. Ajay Sareen welcomed the Resource Person Dr. Tanya Sohi and congratulated the cell for organizing the event. She voiced her opinion that strong women build strong nations. So empowering women leads to empowerment of the nation at large. The unique part of the celebration was address by student of Political Science (Hons.) which exemplifies the fact that HMV is incessantly working towards empowering women by providing them ample opportunities. Manvi Sharma talked about the various laws concerning women and also highlighted lacunas in these laws. The address was followed by an interactive session with the students. Speaker of the day, Dr Tanya Sohi, Assistant Professor of English, Rajiv Gandhi National Law University, addressed the students virtually on 'Retelling Her-Story to mark the International Women's Day. She spoke on relevance of stories to record experiences, fears and to construct identity. Stories are culturally powerful representations, therefore its required to not only re-tell these stories but also question. She talked about mythological stories that construct reality. She highlighted that these stories are now being re-written by authors like Margaret Etwood and Chitra Banerjee Divakaruni. Cinematic representation of human is also now moving towards themes based on women. Dr. Ramnita Saini Sharda presented Vote of thanks to the Resource Person.



**10/03/2023**

### **HMV Organised Competition under Y-20 Summit**

Hans Raj Mahila Maha Vidyalaya, Jalandhar organised a declamation competition on "Shift from Job Seekers to Self Employed, Entrepreneurs and Job Creators" under Y-20 Summit, as per the directives of Department of Youth Affairs, Ministry of Youth Affairs and Sports, Govt. of India and Guru Nanak Dev University, Amritsar. The theme of the event was "Future of Work: Industry 4.0 Innovations & 21<sup>st</sup> century. The students participated enthusiastically in the competition and explained that how this shift is instrumental in making the country self-reliant. They also threw



light on support provided by the Govt. to be the job creators. First prize was bagged by Manvi Sharma. Bracketed second prize was bagged by Dilpreet Kaur and Aanchal followed by Damini Sharma and Jahnvi Jairath who bagged bracketed third prize. The judges of event were Mrs. Binoo Gupta, Dean Student Welfare and Associate Professor PG Department of Commerce and Management, Mrs. Lovleen Kaur, Assistant Professor PG Department of English and Mrs. Protima Mander, Head, Department of History. Principal Prof. Dr. (Mrs.) Ajay Sareen and Dr. M.S. Bhatti, Professor, Deptt. of Botanical & Environmental Sciences, GNDU, Amritsar congratulated the winners and participants. Principal Dr. Sareen further appreciated the efforts of Department of Youth Affairs, Ministry of Youth Affairs and Sports, Govt. of India and Guru Nanak Dev University, Amritsar. She said that this is a noble attempt to put the minds of young generation in right direction and helping them to explore the ways of being independent.

**11/03/2023**

### **International Women's Day Celebrated**

Holistic Development Cell in collaboration with Nari Chetna Welfare Society (Regd.) Jalandhar celebrated International Women's Day under the able guidance of Principal Prof. Dr. (Mrs.) Ajay Sareen. The distinguished guests of the event were Ms. Vatsala Gupta (IPS) DCP Jalandhar and Ms. Gursimranjit Kaur (PCS) Assistant Commissioner (Gen.) Jalandhar. Nari Chetna Welfare Society honoured Principal Dr. Sareen for her contribution in the field of education and social welfare. Principal Dr. Sareen in her address appreciated the accomplishments of twenty-first century women. She said the events like this can only be successful if all the women present here would be aware of their rights and duties. The chief guest Ms. Vatsala Gupta congratulated the audience on International Women's Day. She also inspired the women to take their own decisions in life. Ms. Gursimranjit Kaur said that modern woman has a chance to choose. On the occasion, the Chairperson of Nari Chetna Welfare Society Mrs. Kusum Sharma apprised the audience of the purpose of Nari Chetna. The Secretary Mrs. Sanju Gupta shed light on the working of Nari Chetna Welfare Society. The Advisor Smt. Manju Sethi explained the importance of Women's Day. President NGO Pahal Mrs. Harvinder Kaur, writer and poetess Mrs. Navroop, Principal Sushma Sharma, Prof. Adarsh Parti, media advisor Prof. Navjot Kaur Sidhu, sports woman Malika Handa, badminton player Smridhi Bhardwaj, fashion designer Mrs. Navneeta, makeup artist Mrs. Mukti, dance director Dr. Pooja Minhas, Yoga teachers Mrs. Anju Sharma and Mrs. Pinki Bedi, Mrs. Binoo Gupta, writer and poetess Mrs. Kuljit Kaur were honoured. The vote of thanks was presented by President Nari Chetna Welfare Society Mrs. Anju Sharma. On this occasion, Media Advisor Nari Chetna Welfare Society Ms. Amarjit Kaur, Finance Secretary Anita Bathla, Raman Sharma, Mrs. Pinki Bedi were also present. Special attraction of the event was the exhibition of handmade items prepared by Stitching Centre students under the supervision of Nari Chetna Welfare Society.





**15/03/2023**

**Mathematics Department of HMV Celebrated Pi Day**

PG Department of Mathematics celebrated Pi-day by organizing Poster Presentation Competition on the topic "Highlights of Mathematics". The main goal of organizing a Poster Presentation Competition is to bring out the creative expression of students and to gauge their knowledge and awareness of various trends in Mathematics. Poster Presentation is a basic ability needed in academia, as posters are one of the main formats in which research is presented. Principal Dr. Ajay Sareen appreciated the innovative ideas of students in which they presented Mathematics as part of Science and Technology. In this competition, Tarunika bagged first prize, Harshita and Nandini bagged second prize. Komal and Mansi and Simardeep Kaur got third prize. Dr. Gagandeep, Head, Mathematics department, Dr. Deepali and Dr. Gaurav Verma acted as judges for the event and congratulated the winners. Mrs. Komal and Ms. Charanjeet were also present on this occasion. Principal Dr. Ajay Sareen appreciated the efforts of the students and congratulated the winners and faculty members of the department for making this event a success.



**16/03/2023**

**Hans Raj Mahila Maha Vidyalaya Organised Poster Making Competition**

Planning Forum, PG Department of Economics, organized a Poster Making Competition on theme 'Social Justice' under the guidance of Principal Prof. Dr. Mrs Ajay Sareen. The sub themes for the same were 'Income and Regional Inequality - Issues and Solutions', 'Gender Equality and Women Empowerment', 'Role of health, education as a catalyst of social justice'. The students presented their perspective by making posters on issues related to social justice like women empowerment, gender equality, social inequalities, income inequalities, regional inequalities etc. Dr. Ramnita Saini Sharda, PG Department of English, Dr. Ashmeen IQAC Coordinator and Head, PG Department of Psychology, Dr. Rakhi Mehta, Department of Design adjudged the posters and congratulated winners. Reeva Sharma secured the first position, Jasnoor Kaur & Sukhmani stood second and Yogita & Himanshi bagged third position. In this league, Gaytri & Aman won the consolation prize. Dr. Shallu Batra Head PG Department of Economics addressed the students to make them realize that better division of resources provide opportunities to weaker and deprived section of society to gain more knowledge and improve skills, which empower latter and enhance social justice, and simultaneously spur economic growth. Faculty Members Dr. Mamta, Dr. Sangeeta Arora, Mrs Meenu Kohli, Mrs. Chandrika, Mrs. Jyotika Minhas, Ms. Harmanu, Mrs.Ritu Bajaj, Mrs Navneeta , Mrs. Gagan, Ms. Bhawna, Ms. Rinku were present on this occasion. Secretary Akshita, Joint secretary Aman and Assistant secretary Khushnoor also contributed in this occasion with full enthusiasm.



**17/03/2023**

**Academic Session 2023-24 begins with Havan at HMV Collegiate School**

Havan was organized on the commencement of Academic Session 2023-24 of HMV Collegiate Sr. Sec. School. With the pious chants of mantras, Havan Yajna was performed in the Yajna shala on the commencement of academic session 2023-24 of SSC-2 of Collegiate School to seek the blessings of the Almighty. The fragrance of the Yajna Samidhas and oodles of enthusiasm over a number of accolades won by the institution under the dynamic guidance of Principal Prof. Dr. (Mrs.) Ajay Sareen filled the day with positivity at peak. On this occasion, the Chief Guests Ms. Aarti Rajput, Sh. Kamaljeet and Adv. Ravi Vinayak were given green welcome with planters by the Principal Dr. Ajay Sareen and School co-ordinator Dr. Seema Marwaha. Principal Dr. Ajay Sareen



encouraged the girls to face every obstacle with resilience and tenacity and fly higher in the region of success with spark of positivity in personality. She inspired them to move forward in life with determined desire to learn more and more. The institution provides all sorts of for holistic development of girls and carve them like diamonds to bring out their lustre and sheen. Ms. Aarti Rajput congratulated the students on passing SSCI with flying colours motivated them to do self- introspection to attain success in life. The School Co-ordinator Dr. Seema Marwaha presented Vote of thanks and wished massive success to the students for their future endeavours. Dr. Prem Sagar of the Music Dpt. presented bhajanas and infused melodious sweetness in the atmosphere and enthralled everyone.

**18/03/2023**

### **One day Educational Trip to CSIO Chandigarh**

PG department of Physics organized one day educational trip to CSIO labs, Chandigarh. Mrs. Saloni Sharma and Mr. Sushil Kumar escorted 32 students of B.Sc (Sem II and IV) to CSIO labs with the purpose to inspire the students to think out of box and have insight of the research work underlying the development of technology. Mechatronics lab instructor explained the importance of a programming based device over exhausting computer work. The scholars explained the combination of mechanics and electronics to create a booming mechatronics. A large computer programme was designed by the scholars to reduce labor and cost using basics of C+, C++ languages. The working of Pick and place robot and Mig welding robot were explained to the students. Mechanical and Advanced



manufacturing lab consists of different instruments to check the perfectness of shapes of surfaces. The Working model of different section of a factory like manufacturing unit, testing and packaging and storage units were also demonstrated to the students. Details of flight simulator were explained about how pilots of fighter planes target their rival. Students also visited food testing and adulteration lab, Nanotechnology lab, agrionics lab, microbiology lab. The students were guided and motivated by the scientists in these labs to enroll themselves for summer internship, projects and Ph.D programmes in their institute. Along with this, students enjoyed at Sukhna lake and Sector 17, Chandigarh. The trip was beneficial to plant the seed of research work amongst the students in order to increase utility of science and make it accessible to everyone.

**21/03/2023**

### **Screening of Oscar Winning Documentary**

The PG Department of Mass Communication and Video Production and PG Department of Multimedia screened the Oscar Winning Documentary "The Elephant Whisperers" under the aegis of Institute Innovation Council. The students of Mass Communication, Multimedia and Botany Department watched the documentary. The students watched the documentary and discussed the various aspects of the documentary. Principal Prof. Dr. (Mrs.) Ajay Sareen appreciated the efforts of MCVP, Multimedia and IIC. She said that we all should feel proud of winning the Oscar. It is very important to tell different aspects of award winning documentary to the students and the special thing about the documentary. The students discussed various shots, editing techniques, the bond between man and animal shown in the documentary. All the students also wrote a review of documentary. On this



occasion, Dr. Anjana Bhatia, Dean Research and Incharge IIC, Dr. Nitika, Mr. Ashish Chadha Head of Multimedia Department, Ms. Priyanka Jain, Ms. Priya Sharma, Mr. Rishabh Dhir were also present.

**12/04/2023**

**HMV Inaugurated Various SVEEP Activities on Importance of Casting Vote in India**

Hans Raj Mahila Maha Vidyalaya, Jalandhar conducted various Inter-College District level SVEEP (Systematic Voters' Education and Electoral Participation) activities on the topic 'Importance of Casting Vote in India' in collaboration with Deputy Commissioner-cum-District Election Officer. Students from different colleges of District Jalandhar participated in these competitions. Under this category Essay writing, Speech competition, Rangoli, Poster Making, Slogan Writing, Poem and Song competition were held from 29th March to 31st March 2023. Students and faculty members of the college held a rally in the college campus to motivate the students on 'Importance of Casting Vote in India'. Ms. Harmanu Incharge NSS and Lt. Sonia Mahendru Incharge NCC joined the rally along with their volunteers and prepared banners for motivating slogans and raising slogans in the rally. Around 150 students enthusiastically participated in the rally.



**13/04/2023**

**HMV bagged trophies of "City Di Ms. And Mrs. Punjaban titles"**

Radio City and Lakme Academy in collaboration with Hans Raj Mahila Maha Vidyalaya organized the Grand Finale of "City Di Ms. and Mrs. Punjaban Competition", both the titles are won by HMV. Sahibpreet Kaur, student of B.Voc (Journalism and Media) Sem-IV bagged the title of Ms. Punjaban. The college's receptionist Mrs. Taranjeet Kaur bagged the title of Mrs. Punjaban. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated both of them and said that they have made us proud by winning both the titles. On this occasion, Dean Youth Welfare Mrs. Navroop, Event Incharge and IQAC Coordinator Dr. Ashmeen Kaur, Mrs. Rama Sharma, Head of Mass Comm. Department, Dr. Rakhi Mehta, Head of Design Department were also present.



**14/04/2023**

**HMV Organized Five Days Trip for Manali**

Hans Raj Mahila Maha Vidyalaya, Jalandhar organized a five day education cum excursion trip for the students of various streams to Manali, Himachal Pradesh. The trip proved to be very educative and entertaining for the students. On the first day, the students were taken to the Hidimba Temple and enjoyed the natural beauty and then visited Tibetan Monastery and finally came to Mall road Manali for shopping. Next day, the students were taken to the Atal Tunnel and Solang valley where they enjoyed the nature with snow fall and various adventures games. The students reached at river rafting point where they explored rafting and after that students were taken to ARR KAY Shawl industries, Kullu where they saw the manufacturing of Kullu shawl and did shopping too. The trip was accompanied by Dr. Neeru Bharti HOD Fine art department, Dr Jatinder Kumar HOD Biotechnology department and Mr. Ravi Kumar Asst.Prof. Department of Zoology along with supporting staff Mr. Ravinder. Principal Prof. Dr. (Mrs.) Ajay Sareen said that such trips provide wonderful opportunity to learn and explore nature with element of fun.



**15/04/2023**

**Jashan- e- Baisakhi organized at HMV Collegiate School**

The festivities, cheer and vibrancy were at the peak in Jashan- e- Baisakhi organized at HMV Collegiate Sr. Sec. School. The students completely dazzled in Punjabi attires and welcomed the worthy guest Principal Dr. (Mrs.) Ajay Sareen with Punjabi folk songs and their wonderfully drafted rangoli. School Coordinator Dr. Seema Marwaha felicitated the guest with green planter. The students enthusiastically participated in Poster Making and Elocution and Poem Recitation Competition exhibiting rich Punjabi heritage and Culture. While congratulating the students Dr. Ajay Sareen felt immensely elated and beautifully explained the relation between a teacher and a student that teacher is like the charioteer of the life of students just



like Lord Krishna showed Arjuna the right path, the teacher also illuminated the path of the students with knowledge. She laid emphasis to walk on the right path always and it is chosen prudently with analytical skills which is developed by teachers. On this event, the role of judges was skilfully performed by Dr.Shuchi, Mr. Ravi, Mrs. Renu, Mrs. Upma and Ms. Sukriti. In Elocution Competition the first position was grabbed by km. Sehaj Vij and km. Shrishti Jain secured the second position. Km. Suneha, km. Jaismeen, km. Jiya secured first, second and third positions respectively in Poster Making Competition. In Poem Recitation Competition, the first position was attained by km. Anmol and the second position was obtained by Km. Ankita. The happiness of celebrations multiplied a lot with the mellifluous singing of Pawni, a student of SSC 1 Arts who has been the semi finalist of Voice of Punjab.

**17/04/2023**

**HMV Organized Alumnae Meet ' Punarmilan 2023'**

HMV Alumnae Welfare Association (regd.) organised alumnae meet 'Punarmilan 2023' in its campus to reconnect with alumnae and celebrate their achievements. Chief Patron and Principal Prof. Dr. (Mrs) Ajay Sareen graced the occasion as chief guest along with Patron Dr. Rashmi Khurana from U.K., Vice President Dr. Sarojini Gautam Sharda and Ms. Ramanpreet Kaur; Executive Members Mrs. Ravinder Bedi, Mrs. Suman Lata Goyal, Mrs. Seema Soni, Mrs. Ronita Chopra, Mrs. Shaweta Mehta, Ms. Kulwinderdip Kaur and Mrs. Rama Chaudhary. The function started with the lighting of ceremonial lamp and DAV Gaan. The special invitees of the function were the retired teachers of the college Dr. Raj Sharma, Mrs. Kavita Vij, Mrs. Snehlata Sharma and Mrs. Sudesh Suri. The entire programme was organized by the Advisor Mrs. Binoo Gupta, Secretary Mrs. Savita Mahendru, Joint Secretary Ms. Harmanu, Treasurer Mrs. Kajal Puri and the associated team. Dr. Rashmi Khurana, Patron said that she always feels proud to come to HMV and wished the HMV Alumnae Association to continue on the path of progress. Advisor of the association Mrs. Binoo Gupta presented formal welcome and also gave a brief report activities of HMV Alumnae Welfare Association and told that more than 150 Alumnae attended the meet from India and Abroad, dressed up in various Indian states' costumes to celebrate the 75 years of India Independence and a special modeling round dedicated to 'Vibrant Colours of India' was showcased. Mrs. Savita Mahendru, Secretary, introduced new Governing Body and Each One Adopt of Udaan Scholarship. Principal Prof. Dr. (Mrs.) Ajay Sareen welcomed the daughters of the college to their own Alma Matar. Mesmerizing dance performances were given by Dr. Monika Seth, Mrs. Deepika Dua, Dr. Jyoti Gogia, Mrs. Riju Sharma and Ms. Mamta. Singing performance was given by Mrs. Ravinder Bedi and Dr. Sarla Bhardwaj sang a song in Sanskrit dedicated to India. Memory sharing was done by Alumane specially coming from Canada Preet Inder Dhillon, Dr. Madhu Prashar and Mrs. Vini Kalia from U.K. Students of BBA Sem-IV gave a captivating performance at the end of the function. On this occasion, Late Mrs. Krishna Jyoti was honored with the HMV Alumnae Life Time Achievement Award for her unforgettable contribution in the field of education, which was accepted by her daughters Dr. Abha Prashar and (Retd.) Principal Mrs. Vibha Sharda. Certificate of Appreciation was presented to Mrs. Suman Lata Goyal for maximum contribution to HMV Alumnae Welfare Association. Dr. Rama Chaudhary was honoured under the title 'The



Study in HMV is a tradition in family. Retired teachers were felicitated at the end of the function. Participants were honored with different titles under modeling. HMV GOLDEN ALUMNAE Mrs. Gurbinderjit Kaur, HMV ELEGANT ALUMNAE Dr. Sangeeta Arora, HMV CHARMING ALUMNAE Mrs. Seema Soni, HMV ELITE ALUMNAE Mrs. Ronita Chopra, HMV UNIQUE ALUMNAE Mrs. Priti Bajwa, HMV GRACIOUS ALUMNAE Mrs. Shweta Mehta and HMV ETHNIC ALUMNAE Mrs. Deepika Dua. The role of judges were played by Mrs. Rama Sharma, Dr. Gagandeep and Mrs. Navneeta. Major Sudesh Parashar was honored with the Punctuality Award. Treasurer Mrs. Kajal Puri presented vote of thanks and expressed her gratitude towards the DAV Managing Committee, Principal Prof. Dr. (Mrs.) Ajay Sareen and all the team members.

**20/04/2023**

### **Farewell Party “Kabhi Alvida Na Kehna” for Comp. Sci, Science and Commerce Students**

Farewell Party 2023 “Kabhi Alvida Na Kehna” was organized for the students of Comp. Sci., Science and Commerce students. The incharges of the party were Mrs. Meenu Kundra, Mrs. Sangeeta Bhandari and Dr. Nitika Kapoor. The Chief Guest of the occasion was Principal Prof. Dr. (Mrs.) Ajay Sareen. The function started with lighting of the lamp and DAV Gaan. Green planter was presented to Principal Dr. Ajay Sareen. She gave blessings to the students and said that they have reached at that phase of life where they will be fulfilling their dreams. She encouraged the students to imbibe the principles of Trust, Honesty, Hardwork and Dedication in their life



so that they can enjoy a better future. The students presented cultural items. They showcased their talent through Dance, Bhangra, Poem Recitation, Modelling etc. The judges were Dr. Neelam Sharma, Ms. Sonia Mahendru and Dr. Meenakshi Duggal. Km. Massrat won the title of Ms. Farewell UG, Km. Shayna Sachdeva won the title of Ms. Farewell PG, Km. Pallavi became Ms. Farewell First Runners up UG, Km. Gehna became Ms. Farewell Second Runner up UG, Km. Mandeep Kaur bagged the title of Ms. Farewell First Runners up PG, Km. Diksha Bhagat bagged the title of Ms. Farewell Second Runners Up PG, Km. Deepali became Ms. Technophile, Km. Nandika became Ms. Magnate, Km. Gulmaar became Ms. Inventor, Km. Yukti became Ms. Charming and Ms. Neha became Ms. Glam, Vidya Jyoti was also handed over by the outgoing classes students to juniors. Mrs. Sangeeta Bhandari presented vote of thanks. Stage was conducted by Ms. Hansika, Ms. Aman, Ms. Riddhi, Ms. Kriti and Ms. Manpreet.

**06/04/2023**

### **Medical Check-up Camp on Adolescent Health and Gynae Problems**

Youth Red Cross Society in collaboration with NHS Hospital, Jalandhar organized a Medical Check-up Camp on Adolescent Health and Gynae Problem. Mrs. Deepshikha, Advisor, Youth Red Cross Society, HMV welcomed Dr. Vibha Chitkara, Gynaecologist, NHS hospital, Jalandhar. Dr. Vibha Chitkara shed light on adolescent health and common gynae problems prevalent in the young girls and also discussed the root causes of these problems. She emphasized on the importance of healthy and balanced diet, stress management, exercise and good sleep further adding that healthy life style and food can prevent many gynae problems which the women now-a-days experience too early in age. Total 60 people including students, faculty and non teaching staff were examined by Dr. Vibha Chitkara. Mrs. Deepshikha, Mrs. Pawan Kumari (Incharge), Dr. Vandna Thakur and Dr. Jaspreet Kaur and staff of NHS hospital actively co-ordinated the medical camp.



**10/04/2023**

**Psychology Department organised a trip to Amritsar**

Under the able guidance of Principal Prof. Dr. (Mrs.) Ajay Sareen, the PG Department of Psychology organised a trip to Amritsar. A contingent of 24 students along with 3 faculty members, Dr. Ashmeen Kaur, Ms. Niharika Mazumdar and Ms. Harpreet Kaur visited Amritsar. Firstly, students and teachers paid obeisance at Darbar Sahib where they spent peaceful time in spiritual environment. Afterwards, contingent visited Jalianwala Bagh, where students got an opportunity to know about the history of massacre whose horrifying memories are still alive in the minds of people.



After Jalianwala Bagh, they visited Gobindgarh fort where they came to know about the heritage fort of Punjab. Students were shown 7-d show based on the life of Maharaja Ranjit Singh. Students were also made to analyse the psychological determinants behind the sacrifices.

**21/04/2023**

**Educational trip to ORGANIC FARMING and JANG-E-AZADI Memorial**

A group of 41 students visited the venue accompanied by Head of Economics Department Dr. Shalun Batra, Ms. Bhawna and Ms. Rinku. In the beginning, Mr. Tejvir Singh, Punjab Agriculture Research Centre, throw a light on the benefits of integrated and modern farming. He took the students around the farm and

explained about the multi cultivation methods. Mr. Singh addressed the students and detailed about agriculture farming techniques such as use of green manure, crop rotation, compost and biological pest control. In JANG-E-AZADI memorial and museum, students were given round of the memorial and were shown models, statues, timeline movies, murals and presentations depicting various facts of the freedom struggles of India and also the role played by the Punjab state in the freedom struggle. The main events of Independence movement were also organized chronologically which were keenly observed by the students. The young Historians took keen interest and noted down the main highlights of the memorial. Principal Prof. Dr. (Mrs.) Ajay Sareen said that such visits are must for any stream as these trips enrich learning experiences and leave a lasting impression on the minds of the students. She further emphasised that educational trips give chance to the students to built strong bond with their classmates and to experience new environment.



**22/04/2023**

**HMV Organised 3 Days Educational Cum excursion Trip to Delhi**

PG Department of Fashion Designing organised three days education cum excursion trip to Delhi. The trip proved to be very educative and entertaining for the students. On the first day students were taken to Shahpur Jaat, which is a hub of Fashion Designers, which was followed by a visit to Delhi Haat. There was Bihar Utsav going on in Delhi Haat. The students learnt about the traditional art and craft of various states especially Bihar. After lunch the students went to National Arts Museum. Next Day, the students were taken to Gurudwara, Shri Bangla Sahib, National



Crafts Museum and finally came to Sarojini Nagar Market for Shopping and Market Survey. Students also visited India gate and visited Gurudwara Majnu Ka Tilla too. The Trip was accompanied by Mrs. Navneeta, Incharge, Ms. Deepika Miglani, Dr. Shailendra and Mr. Jitender Throat.

**23/04/2023**

#### **Anaemia Awareness and HB Check- up Camp organized at HMV Collegiate School**

Anaemia Awareness and HB Check- up Camp at HMV Collegiate Sr. Sec. School by Department of Zoology in collaboration with Inner Wheel Club under the able guidance of Principal Dr. (Mrs.) Ajay Sareen. The objective of the camp was to create awareness about anaemia, its prevention and importance of regular check up of Hb level in blood. The worthy guests Dietician Dr.Monisha Sikka, President Inner Wheel Club, Microbiologist Dr. Sarika Khanna, Mrs. Anita Pabla, Secretary of the club were welcomed with green planters by the school coordinator Dr. Seema Marwaha. Dr. Sarika Khanna in her address provided knowledge to the students about anaemia, its symptoms, causes and necessary measures to prevent it. Dr. Monisha Sikka laid emphasis on to take balanced diet and never to skip breakfast. In her vote of thanks Dr.Seema Marwaha expressed her gratitude to the team of doctors and said that these kinds of awareness camps are important to be organized for the holistic development of students as health is the greatest asset and the progress of any nation depends on its healthy citizen. Around 124 students got their HB level checked up. Ms. Rashmi Sethi conducted the stage. Dr.Sakshi Verma and Mr. Ravi Kumar from Zoology Department, Ms. Vandana, Ms. Ridhima, Ms. Sukriti assisted in organizing and successfully completing the Camp.



**24/04/2023**

#### **Farewell-2023 for Humanities and Skilled Courses organized**

Hans Raj Mahila Maha Vidyalaya, Jalandhar organized Farewell-2023- Kabhi Alvida Na kehna for the outgoing UG and PG students of Humanities and Skilled Courses amidst their tears and cheers. The event was expertly coordinated by Dr. Ramnita Saini Sharda, Dr. Veena Arora and Dr. Neeru Bharti Sharma. The organizers extended a green welcome to the vivacious, Woman of Substance, Principal Prof. Dr. (Mrs.) Ajay Sareen as the Chief Guest of the occasion. The farewell began with the pious lighting of lamp and recital of DAV Gaan. Principal Dr. Ajay Sareen conveyed best wishes for the success of the students hailing them all as the guests of eminence for the occasion. She called them an inseparable part of the institution and contributors towards the glorious history of HMV. They being the brand ambassadors of the institution should try to give their best and become an asset to the society. She told that discarding negative thoughts and keeping only good memories in mind is the key to a happy life. She congratulated the organizers and Dean Student Council for the successful conduct of the show. The students gave their zestful performance in the form of songs, dances and expressive speeches. The colourful bash was anchored by Mrs. Protima, Sukhman, Prachi, Kriti and Shayna. The fascinating modeling round was judged by Mrs. Lovleen Kaur, Dr. Jiwan Devi and Dr. Sandeep Kaur. The vivacious winners of the rounds were- Ms. Kavya as Ms. Farewell UG., Ms. Tarunika as 1<sup>st</sup> Runner Up U.G., Mr. Gurnaj as 2<sup>nd</sup> Runner up U.G., Ms. Isha Bahal as Ms. Creative, Ms. Kareena as Woman of Letters, Ms. Komal as Ms. Farewell PG, Ms. Raunika as HMV Ambassador and Ms. Divakshi as 1<sup>st</sup> Runner up PG. They were presented with crowns, planters and gifts. The outgoing students passed on the 'Light of Knowledge' to the second year students. Mrs. Navroop, Dr. Mamta. Dr. Sangeeta Arora, Dr. Ashmeen, Dr. Shallu Batra, Dr. Jyoti Gogia, Dr. Rakhi Mehta, Mrs. Alka, Dr. Baljinder Singh, Dr. Meenu Talwar and all the faculty members of Humanities and Skilled courses were present on the occasion. Dr. Ramnita Saini Sharda presented vote of thanks to conclude the event.



**25/04/2023**

**HMV hosted various activities under District Electoral Office, Jalandhar**

With Jalandhar all geared up for the Lok-Sabha By-Poll Election-2023, Hans Raj Mahila Maha Vidyalaya, Jalandhar became the proud host of various activities conducted under Systematic Voters Education and Electoral participation organized by District Electoral Office Jalandhar. Principal Prof. Dr. (Mrs.) Ajay Sareen offered a green welcome to the Chief Guest Chief Election Commissioner. Sh. Sibin Chakkyadath, IAS, Deputy Commissioner cum DEO, S. Jaspreet Singh, IAS, ADC (G), Major Dr. Amit Mahajan, PCS, ADC (Dev.), Sh. Varinder Pal Singh Bajwa, PCS, Additional CEO, Pb. Sh. Vipul Ujwal, IAS, Sh. Vivek Joshi, Major Irwin PCS, Dr. Pritam B. Yashvant IAS, Mr. Ujjwal Bhowmik IPS and Mr. Rajiv Shankar, IRS. Principal Dr. Sareen formally presented a cordial



welcome to all the dignitaries and highlighted the glorious achievements of the institution. She urged the young voters to fulfill their responsibilities towards the nation alongwith being aware of their rights. She also mentioned the various innovations to the credit of HMV which have a great impact factor on the city. She assured complete support of the institution towards the office of District Election Commissioner. CEO Sh. Sibin Chakkyadath felt elated over the spectacular and enthusiastic event organized by HMV. He expressed his concern over low percentage of voting and motivated the youth to use their rights. ADC (Dev) Sh. Varinder Pal Bajwa elaborated on the SVEEP movement which is meant to ensure maximum participation of voters. He also expressed his thanks to HMV for being an incessant supporter in all their endeavours. The event also witnessed the presence of accomplished transgender icons, Mohan Mahant and Sumedha Tyagi who have built their unique identities in the society. They expressed their delight that India gives due representation to all the communities and they were honoured by the Chief Guest. The audience enjoyed the mesmerizing cultural performances of people with special abilities, Jugni, Nukkad Natak and Bhangra. Videos prepared under SVEEP were also showcased to the audience. RJ Sandy and RJ Himanshu from Radio City entertained everyone with their witty remarks and made the youth aware towards voters by asking questions about voting procedure. The Chief Guest Sh. Sibin Ji, Sh. Vipul Ji and Sh. Jaspreet Ji felicitated new voters. Principal Dr. Ajay Sareen was honoured on the occasion for the valuable contribution towards creating awareness among voters. The institution celebrated the occasion by cutting a cake depicting a polling booth. DC cum DEO S. Jaspreet Singh presented vote of thanks and told that they are fully focused on increasing the voting percentage in the By-Poll. The office has arranged for necessary facilities for all kinds of voters. He expressed his thanks to all guests and particularly towards HMV. The event concluded with National Anthem. The stage was conducted by Dr. Anjana Bhatia.

**28/04/2023**

**HavanYajna on the commencement of Academic Session 2023-24**

The inaugural Havan for the new academic session 2023-24 for SSC 1 of Collegiate School was performed at Hans Raj Mahila Maha Vidyalaya. Everyone joined hands in chanting the holy mantras and invoking the blessings of the Almighty for the new session. Principal Prof. Dr. (Mrs.) Ajay Sareen welcomed the students and prayed for the blessings of the Almighty. With her powerful words, she inspired the young students to develop sustainably with diligence, self- control, and knowledge. She told the students to leave no stone unturned and be the epitome of success so that every other girl feel inspired. She blessed them to spread the fragrance of goodness just like the divine fragrance of Havan and make the name of parents, teachers and nation proud. Staff Secretary, Dr. Gagandeep Kaur Head Maths Department said that devotion, passion and love are the core values to be nurtured in young mind and heart. She advised students to meditate and keep the mind away from negative thoughts and worries. On this event, Dr. Prem Sagar from the Music Department sang a Bhajan and filled the air with





mellifluous divinity. The school coordinator Dr. Seema Marwaha addressed the students by saying that self – discipline and patience are extremely important components to achieve success and every obstacle in the path of success be treated as stepping stone. She encouraged them to be invincible in life. She thanked Principal Prof. Dr. Sareen for her constant support and inspiration and assured her of the relentless and whole hearted efforts of the faculty.

**29/04/2023**

**Students of HMV Visited Synergy Pathology Lab**

Under the able guidance of Principal, Prof. (Dr.) Mrs. Ajay Sareen, students of Hans Raj Mahila Maha Vidyalaya, Jalandhar, B.Sc. (Med.) III along with Dr. Sakshi Verma, visited Synergy Pathology Lab., Jalandhar. The objective of the visit was to provide students with the practical knowledge related to various techniques and instruments used in Medical Laboratory Technology. Dr. Seema Marwaha, Head of Zoology Department motivated the students to enthusiastically participate in the Lab. visit and instructed them to make a project report of the same. Dr. Deeksha Choudhary (M.D Pathology) Director, Synergy Lab gave an introductory talk to the students and explained various Lab. safety rules, techniques of collection, handling and storage of blood and other samples, precautions to be taken while collecting and processing of samples and proper disposal of bio-waste. Students learnt about the working and application of different automated instruments for blood testing and received firsthand experience of the working of a Pathology Lab. Dr. Sakshi Verma presented a planter and acknowledged Dr. Deeksha Choudhary and her team members for giving their valuable time.



**01/05/2023**

**HMV Collegiate School Distributed books and study material to needy and meritorious students**

Considering the importance of books, HMV Collegiate Sr. Sec. School undertook the process of books distribution under the able guidance of Principal Prof. Dr. (Mrs.) Ajay Sareen. The institute takes pride in fulfilling the needs of the students from diverse backgrounds by giving scholarships on various grounds and the school took the noble initiative to donate books to the meritorious and needy students. The aim behind book distribution was to mobilize resources to meet educational needs of the students. Some old students also participated voluntarily to donate their old books and to extend a helping hand towards their schoolmates. On this occasion, Principal Prof. Dr. (Mrs.) Ajay Sareen inspired students to put their earnest efforts to continue their learning despite adverse circumstances. She also added that absence of reading and reference material undoubtedly disrupts the studies but strong determination, dedication and support overcome all obstacles. School coordinator Dr. Seema Marwaha also assured students that the school will do everything possible to make education accessible to them. Books were donated to 40 students from different streams.



**03/05/2023**

**Prati Abhaar Organized at HMV**

Hans Raj Mahila Maha Vidyalaya stands stalwart in every field and it always recognizes every little effort contributing towards its legendary glory. To appreciate the painstaking efforts of the supporting staff, the Student Council of HMV organized Prati-Abhaar with a sense of gratitude towards them. The Chief Guest of the occasion, Mr. Sudhir Sharma and

Guest of Honour, Principal Rakesh Sharma received a green welcome from Principal Dr. Ajay Sareen. The event began with lighting of lamp and recital of DAV Anthem. Mrs. Urvashi Mishra, Dean Student Council, offered a formal welcome note to the guests. Principal Dr. Ajay Sareen in her address called the Supporting Staff as the backbone to the success of every event. In admiration of their qualities, she said that the supporting staff inspire us to be passionate dedicated and friendly. Chief Guest Mr. Sudhir Sharma was overwhelmed by the noble gesture initiated by HMV and offered monetary contributions for the conduct of the event. He also announced to award special gifts to the worker of the year. The show went vibrant with the performances in the form of songs, poems, dances and fun games. Mr. Ajay recited a thoughtful poem and Mr. Vikas sang a melodious song. Mrs. Sona, Mrs. Seema and Mrs Rajni staged a thumping dance performance. The ramp walk of the participants was the special attraction and it was adjudged by Dr. Seema Khanna, Dr. Gagandeep, Mrs. Ritu Bajaj and Mr. Lakhwinder Singh. Special titles were awarded to Mrs. Seema, Mrs. Sona, Mrs. Rajni, Ms. Tanya, Mr. Ajay, Mr. Vikas, Mr. Vipin and Mr. Shiv Lal. They were presented with planters, gifts and crowns. Mr. Lakhwinder Singh presented the vote of thanks. The event ended with the recital of National Anthem.

**06/05/2023**

#### **HMV Organized Best Wishes Card Ceremony**

The Student Council organised Best Wishes Card Ceremony under the able guidance of Principal Prof. Dr. (Mrs.) Ajay Sareen. The Principal, Deans, Heads of Departments and Superintendents blessed the students for their university Semester Examinations in both morning and evening session by distributing Best wishes Cards and sweets. This innovative gesture serves to energise the students and infuse positivity into them so that they can put forward the best of their efforts. Principal Dr. Ajay Sareen emphasised that the cards are handmade using recycled paper prepared in HMV and designed by student members of Student Council. In the morning session Mrs Urvashi, Dean Student Council, Mr. Pankaj , Superintendent Accounts, Mrs. Mamta , Head of English Department, Mrs Deepshikha Dean Examination and Dr Rakhi, Head of Design Department conveyed their wishes to the students.



In the afternoon session, Dr. Seema Marwaha, Dean Academics, Mrs Navroop, Dean Youth Welfare, Dr. Shallu Batra, Dean Discipline, Dr. Gagandeep, Head of Mathematics Department, Dr. Shweta Chauhan, Mrs. Savita Mahendru and Mrs Protima, Head of History Department and Mr Ravi Maini, Superintendent Admin encouraged the students to work hard by showering their wishes upon them.

**12/05/2023**

#### **Farewell Party for Resident Scholars**

A Farewell Party Kabhi Alvida Na Kehna for Resident Scholars was organized in Ragini Auditorium. The function started with lighting of the lamp and DAV Gaan. Principal Prof. Dr. (Mrs.) Ajay Sareen and Hostel Coordinator Dr. Meenu Talwar welcomed all the guests with the planter. The resident scholars presented group dance, solo dance, Bhangra, Gidha, Choreography, Modelling and showcased their talent. Principal Prof. Dr. (Mrs.) Ajay Sareen gave her best wishes to the resident scholars and congratulated the hostel staff members for this wonderful event. She said that while living in hostel, we learn the lesson of cooperation, friendship, facing the difficulties etc. She said that resident scholars share a special family bond among themselves. Kavya Chandel was honored as Ms. Farewell, Muskaan as First Runners Up and Amanpreet as Second Runner Up. Principal Prof. Dr. (Mrs.) Ajay Sareen honoured the winners. Hostel Coordinator Dr. Meenu Talwar thanked all the Deans, Faculty Incharges, Superintendents, Judges Mrs. Urvashi, Mrs. Kajal Puri and Mrs. Navneeta.



**13/05/2023**

**100% of Faculty and Staff Members of HMV Caste Their Vote**

Under the encouragement of Principal Prof. Dr. (Mrs.) Ajay Sareen and Deputy Commissioner IAS Mr. Jaspreet Singh, the entire faculty and staff members of Hans Raj Mahila Maha Vidyalaya exercised their right to vote in the Jalandhar by-election and also contributed to the completion of the election process. Principal Prof. Dr. (Mrs.) Ajay Sareen said that all the faculty and staff members exercised their authority. IQAC Coordinator Dr. Ashmeen Kaur said that the faculty and staff members contributed to the election process by fulfilling their responsibilities. Principal Prof. Dr. (Mrs.) Ajay Sareen thanked Deputy Commissioner IAS Mr. Jaspreet Singh for conducting voter awareness campaign and giving information about the election process. The district administration also established a Model Pink Booth in HMV, in which special contribution was made by the faculty and staff members of HMV. He congratulated all the members for exercising their voting rights.



**14/05/2023**

**HMV Collegiate School Celebrated Mother's Day**

The day that recognises the essence of a mother was marked as well as celebrated in high spirit and merriment at the HMV Collegiate Senior Secondary School on the eve of Mother's Day. Principal Dr. Ajay Sareen presided as the chief guest of the day and was welcomed with the planter by the Dean Academic cum School Coordinator, Dr. Seema Marwaha. Principal Prof. Dr (Mrs.) Ajay Sareen praised the students for expressing their emotions and the way they choose the medium of colours, crayons and Canvas. She also highlighted the role of a mother in every life as an embodiment of true, pure and sincere love that is never ending and constantly flowing for the well being of not only her child but each and every one who falls into the sphere of her life. The event proceeded with the Card Competition. This event was a platform for the students to text and portray their love and emotions and their cherished memories through poetry, songs, dialogues, loving verses and cards full of crayons and colourful expressions. An unexpectedly large participation of 100, in the card making competition made it even much more appreciable and difficult part to choose the best one. The presiding judges for the card making competition were Mrs. Deepshikha Dean Examination, Dr. Meenu Talwar and Dr. Shuchi, The Poetic Competition was judged by Dr. Neelam Sharma Head of Chemistry Department, Dr. Jyoti Gogia Head of Hindi Department and Mrs Amita Sharma. The winners of the day for Card making Competition were bagged by I position- Sneha Salotra from +2 Commerce, II position - Sangya +1 Arts, III position - Muskan +2 Non Medical. The Poetry Recitation Competition were bagged by I position - Hargun +1 Commerce II position - Lovepreet +2 Medical, III position - Deyva +1 Arts. Dr. Seema Marwaha, Dean Academic cum School Coordinator expressed her gratitude for the school staff, Music Dept and also the Home Science Dept for the mouth-watering snacks.



**27/04/2023**

**HMV Collegiate School Pays Homage to Former CM S. Parkash Singh Badal**

The faculty, staff and students of HMV Collegiate School paid tribute to former Punjab Chief Minister and Shiromani Akali Dal (SAD) patriarch Parkash Singh Badal, who passed away on April, 25. A two-minute silence was observed as a mark of respect in the memory of the Akali stalwart. Principal Dr. (Mrs.) Ajay



Sareen lauded Sardar Badal's contributions to the nation and the state. She remembered him as a pious soul, visionary leader, and a remarkable statesman whose contribution is immense. She conveyed to the students that the colossal personality of S. Parkash Singh Badal teaches us great lessons of devotion and dedication. She concluded by offering prayers to the Almighty to grant strength and solace to the bereaved family members, the people of the state, and the nation to bear this irreparable loss.

**04/06/2023**

#### **Wall Painting at GSSS, Karari by Students of HMV**

The Department of Fine Arts created 6 wall paintings (10x10feet) at Govt. Smart School, Karai at their outside wall. The Students of BFA- 2, 4, 6 and 8<sup>th</sup>Sem Kanishka, Tavleen Kaur, Megha, Bhavya, Saumya, Bhawna completed this task. They did great effort and hard work for making wonderful wall paintings. Principal Prof. Dr. (Mrs.) Ajay Sareen appreciated all staff and students of Fine Arts Dept. Head of Department Dr. Neeru Bharti Sharma, Dr. Shailender Kumar, Mr.Jatindra M. Thorat and Ms. Nishita were present there.



**06 /06/2023**

#### **HMV Celebrated World Environment Day**

The NSS Unit celebrated World Environment Day under the guidance of Principal Prof. Dr. (Mrs.) Ajay Sareen. The NSS volunteers organized an Awareness Rally and took a pledge to save environment. Principal Prof. Dr. (Mrs.) Ajay Sareen encouraged them to plant more trees for the generations to come. On this occasion, a Quiz Competition was also organized. NSS Programme Advisor Dr. Anjana Bhatia talked to them about their responsibilities towards environment. NSS Programme Officer Dr. Veena Arora encouraged the volunteers to spread awareness among others regarding safe environment. On this occasion, Dr. Jyoti Gogia and Ms. Harmanu were also present.



#### **Havan Yajna at HMV**

Hans Raj Mahila Maha Vidyalaya organized Havan on the occasion of starting of renovation work of Ragini Auditorium. The Chief Guest of the occasion was Philanthropist Mr. Sudhir Sharma. Principal Prof. Dr. (Mrs.) Ajay Sareen along with Mr. Sudhir Sharma, teaching and non-teaching members of the college performed Havan Yajna to seek the blessings of Almighty. Principal Dr. Ajay Sareen addressed the staff members and said that HMV is such an institution which turns the dreams into reality. HMV family has the passion to achieve their dreams. Mr. Sudhir Sharma said that we hard work done with loyalty and dedication always bring positive desired results. Mr. Sudhir Sharma inaugurated the renovation work of Auditorium and congratulated all the staff



members. The staff members presented their thoughts on this occasion. Prasad was distributed among the staff members.

**20 /06/2023**

#### **HMV team participated in CM Ki Yogshala**

Under the able guidance of Principal Prof. Dr. (Mrs.) Ajay Sareen, HMV team participated in “CM Ki Yogshala” at PAP Ground, Jalandhar. In this event, more than 450 students and 60 staff members of HMV participated. In this state level event, the Jalandarites performed yoga along with CM Punjab Sh. Bhagwant Mann at 6.00 a.m. Sh. Bhagwant Mann appealed to people to perform Yoga everyday and be a part of proud tradition of our country. He said that Punjab Government has the provision to provide free of cost training to 25 interested people. HMV participated with full enthusiasm in this yoga event. Nodal Officer Ms. Sonia Mahendru, Ms. Harmanu Paul along with NCC, NSS and Student Council students were present there. The teaching and non-teaching staff members of HMV also performed Yoga in PAP ground.



**21 /06/2023**

#### **HMV Celebrated International Yoga Day in collaboration with Patanjali Yog Peeth**

Hans Raj Mahila Maha Vidyalaya, Jalandhar celebrated 9<sup>th</sup> International Yoga Day in collaboration with Patanjali Yog Peeth on 21 June 2023. The aim of the day was to spread awareness about the benefits of yoga under the inspiring support of Principal Prof. Dr. (Mrs.) Ajay Sareen. Sh. Sushil Rinku, Member of Parliament, Jalandhar Lok Sabha Constituency was the chief guest. The other guests who joined the gala event in the college premises were Sh. Raman Arora, MLA and Sh. Rajesh Vij, General Secretary Shri Devi Talab Mandir Committee. Principal Dr. Ajay Sareen extended green welcome to the guests. The stage performance was conducted by Mr. Amarjit Singh (Bittu), Mr. Abhishek Mehra, Ms. Nitika. Yoga



Instructor Ms. Kiran Chadha made the participants perform various asans. Everyone enjoyed the cool breeze of the morning and performed the yoga with enthusiasm. Principal Dr. Ajay Sareen motivated the students and all the participants to make Yoga an integral part of their lives. She also emphasized on the benefits of doing yoga daily. She said that this ancient practice rejuvenates the physical as well as mental state and provides strength and resilience. On this occasion, State President Bharat Swabhiman Trust Sh. Rajinder Shingari, State President Mahila Patanjali Yog Smiti Mrs. Seema Shingari, State Committee Executive Member Sh. Sanjeev Sharma, District President Patanjali Yog Smiti Sh. Ajay Malhotra, District President Mahila Patanjali Yog Smiti Mrs. Anita Drivedi, and District President Yuva Bharat Sh. Amarjeet Singh were also present. Refreshments were also given to the participants.

## **Sports**

**04/01/2023**

#### **HMV Girl Strikes Seven Gold Medals in National Games**

Ms. Kaveri Dimar, Water Sports Player won 7 medals in Open National Kayaking Canoeing Championship held at Tehri Dam Utrakhnad under Indian Kayaking Canoeing Association. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated Ms. Kaveri Dimar on winning gold in C1 1000 Metres, C4-1000 Metres, C1-500 Metres, C4-500 Metres, C1-200 Metres, C4-200 Metres and C1-5 Kms. events.



**17/01/2023**

**Exhibition of Innovative Products to mark National Start-up Day**

Hans Raj Mahila Maha Vidyalaya, Jalandhar celebrated National Start-up Day through first of its kind in Punjab, exhibition of Innovative Products under the dynamic support of Principal Prof. Dr. (Mrs.) Ajay Sareen and banner of Institutions Innovation Council. Principal Dr. Ajay Sareen inaugurated the exhibition and apprised the motive behind it as to create awareness among students to come up with their innovative ideas. The exhibition attracted a crowd of students, entrepreneurs, incubators and researchers from adjoining areas. They witnessed the demonstration of innovations driven ideas, start ups, products and technologies developed by students under Innovation Council. The areas of innovation ranged from flavours under Zaykaa Start-up, Cosmetics under Kaaya Start-up, Convocation Angvastras, Bio-fertilizers, Artificial Intelligence based Software, Apparels, Paintings and many more. Members of Innovation Council Dr. Rakhi Mehta, Mrs. Lovleen Kaur, Mrs. Alka Sharma, Mrs. Navneeta, Mrs. Protima, Mr. Ashish Chadha. Dr. Simmi, Ms. Harpreet, Dr. Minakshi Duggal Mehta, Dr. Jaspreet Kaur and Mr. Rishabh Dhir were present on this occasion.



**20/01/2023**

**Handball Team of HMV won Gold Medal**

The Handball Team brought laurels by winning Gold Medal in Handball Inter College Competition. This Competition was held from 14<sup>th</sup> January to 16<sup>th</sup> January, 2023 at GNDU Campus Amritsar. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated the team members and Coach Mr. Amritpal Singh. She said HMV is offering best of the coaching and other facilities to its players. On this occasion, faculty members Dr. Navneet Kaur and Mrs. Ramandeep Kaur were also present.



**29/01/2023**

**Wushu Team of HMV Won Gold**



The Wushu Team of Hans Raj Mahila Maha Vidyalaya won Gold in GNDU Inter College Wushu Championship by winning first position. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated the team and said that HMV girls have always made them proud by winning laurels. On this occasion, Coach Mr. Anand Kumar, faculty members of Physical Education Department Dr. Navneet Dhadha and Mrs. Ramandeep Kaur were also present.

**24/02/2023 HMV Won Inter College Water Sports Championship**

Hans Raj Mahila Maha Vidyalaya participated in Kayaking Inter-College Championship held at Dhar-Kalan, Pathankot and



Sultanpur-Lodhi and got Winner Position in 3 games with maximum point margin. In Canoeing Kaveri and Shivani won individual Gold and team gold, Kayaking member Astha Dangi and Priyanka won individual gold and team gold and also Dragan Boat 14 member team won gold 200 mtr and 500 mtr gold medal. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated the teams and team coach Sh. Amandeep Singh Khaira and gave best wishes to the teams for the All India Inter University of Canoeing, Kayaking and Dragon Boat Championship. On this occasion faculty members Dr. Navneet Dhadha and Mrs. Ramandeep Kaur were also present.

**03/03/2023**

**Dragon Boat Team of HMV Won 44 Medals**

The Dragon Boat Team won 44 medals in 14<sup>th</sup> Senior National Dragon Boat Men/Women Championship held at Karnataka (Bangaluru). Team Captain Priya Saini got 7 medals, Pragati got 5 medals, Manjot Kaur got 5 medals, Gurulagandeeep Kaur got 4 medals, Anjali Sharma got 3 medals, Lalita got 3 medals, Pooja got 3 medals, Prabhjyoti got 3 medals, Priyanka got 5 medals, Harman got 3 medals and Priya Gill got 3 medals. Total 44 medals were won by the team in 14 different events of Dragon Boat. The team was welcomed in the college premises during morning assembly on the beats of Dhol. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated team members and coach Sh. Amandeep Singh Khaira. She also congratulated the Vice Chancellor of Guru Nanak Dev University Dr. Jaspal Singh Sandhu and Dr. Kanwar Mandeep Singh, Director Sports, GNDU. Sweets were distributed in the college. On this occasion, faculty members of Sports Department Dr. Navneet Dhadha and Mrs. Ramandeep Kaur were also present. HMV family danced on the beats of Dhol and expressed their joy.



**11/04/2023**

**Pencak Silat Players of HMV Got Positions**

The Pencak Silat players participated in All India Inter University Championship held at Guru Nanak Dev University, Amritsar and won various positions. Km. Aarti Shukla got 1<sup>st</sup> position in Heavy Weight Category (85 KG), Km. Jiwanjot Kaur got 2<sup>nd</sup> position in Heavy Weight (100 KG) and Km. Neha Dolal got 1<sup>st</sup> position in 65 KG Weight Category. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated the team and coach Mr. Pardeep Kumar. He gave best wishes to the players for their future events. On this occasion, faculty members of Physical Education Department Dr. Navneet Dhadda, Mrs. Ramandeep Kaur and Ms. Pragati were also present.



**18/04/2023**

**HMV Participated in Walkathon**

Hans Raj Mahila Maha Vidyalaya, Jalandhar formed an enthusiastic part of the Walkathon organized by the District Commission Office, Jalandhar in association with NGO Phulkari under the dynamic support of Principal Prof. Dr. (Mrs.) Ajay Sareen. The motive of this SVEEP initiative is to motivate young voters ahead of the Lok Sabha bypoll in Jalandhar. Deputy Commissioner Jaspreet Singh, IAS and ADC (D) Varinderpal Singh Bajwa pledged off the Walkathon from Guru Gobind Singh Stadium Jalandhar. Principal Dr. Ajay Sareen sensitized the students about their voting rights and exercising it to building a stronger nation. Red Cross Society Advisor Mrs. Deepshikha told that the event also aims at spreading awareness regarding prevention of cervical cancer. NSS volunteers, sports students and Red Cross Volunteers participated in the



Walkathon.

**17 /06/2023**

### **HMV Student's Extraordinary Triumph Makes India Proud**

In a stunning display of skill, determination, and unwavering spirit, Radhika, a remarkable student from HMV, etched her name in the annals of sporting history by claiming the coveted gold medal at the Senior Asian Wrestling Championship 2023. The resolute wrestler showcased her immense talent and unyielding commitment, outshining her competitor from Kazakhstan in the fiercely contested 68kg category. The Senior Asian Championship, held in a grand arena brimming with anticipation, witnessed Radhika's meteoric rise as she defied all odds and emerged victorious against formidable opponents. Her journey to the top included intense training sessions, grueling workouts, and numerous sacrifices, all of which served as stepping stones on her path to glory. With HMV's unwavering support and top-notch coaching, she harnessed her potential to its fullest and showcased exceptional prowess on the mat. Every move she made spoke volumes about her dedication and meticulous training. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated Radhika and remarked that she has firmly established herself as a force to be reckoned with on the international stage. Her achievement also serves as a testament to the institution's outstanding coaching personnel and faculty who have played a pivotal role in honing the skills and shaping the careers of these exceptional wrestlers. She has set a new benchmark, demonstrating that with determination, passion, and unwavering support, the impossible can be made possible.



**19 /06/2023**

### **HMV Emerges Victorious in Khelo India, Cementing its Status as the Nursery of Olympians**

Hans Raj Mahila Maha Vidyalaya has once again made a resounding mark in the realm of sports by showcasing exceptional talent and securing a remarkable medal haul in the recently concluded Khelo India competition. The institution's athletes demonstrated their unwavering determination, skill, and dedication, earning a total of 14 medals across various games. Judo proved to be a shining beacon of success, with our talented athletes securing a gold medal and a silver medal. Athletics was yet another domain where HMV athletes exhibited their prowess. Their relentless efforts led to an impressive haul of 3 silver medals. Boxing enthusiasts witnessed HMV athletes clinching a gold medal and a bronze medal, adding to the institution's growing legacy. Archery saw one of our athletes securing a silver medal, showcasing the depth of talent and dedication fostered within the walls of HMV. Wrestling proved to be another domain where our athletes stood tall, claiming 1 gold and 2 silver medals. Not to be outdone, our weightlifting prodigy secured a gold medal, demonstrating immense strength and determination. Football, the beloved sport of the masses, witnessed HMV's talent shine through as the institution secured two bronze medals. With this spectacular performance at Khelo India, HMV once again reinforces its well-deserved reputation as the "Nursery of Olympians." HMV's achievements at Khelo India also serve as a testament to the institution's outstanding coaching personnel and faculty who have played a pivotal role in honing the skills and shaping the careers of these exceptional athletes.





## Valorem: Values Added Services

**30/01/2023**

### **HMV NCC Cadets attended Army Attachment Camp**

Ten cadets of NCC Army Wing and ANO Lt. Sonia Mahindru attended Army attachment camp at 18 Sikh Regiment. Cadets got the opportunity to visit Mechanized Infantry battalion, Aviation Squadron, Air Gun Shooting Range, Officer's Mess and Stadium. They also attended 7th Armed Forces Veteran Day celebration function, where they escorted and interacted with veterans, Veer Naris and gallantry Awardees. Cadets also interacted with Lady Officers, who told them about permanent commission and motivated them to join armed forces. Lectures on SSB, recruitment in armed forces, leadership and Stress Management were organized. Cadets were provided weapon training, they were trained to fire with INSAS rifle and were also taught drill. Principal Prof. Dr. (Mrs.) Ajay Sareen thanked Group Commander Brig. I. S Bhalla NCC group headquarters Jalandhar and Commanding Officer Col NPS Toor 2 PB(G) BN NCC for organizing such fruitful camp for girl cadets. She also expressed her sincere gratitude to Col. Kuldeep A. Karpe Commanding Officer 18 Sikh Regiment whose team had been constantly training the cadets.



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**27/03/2023**

### **HMV Celebrated Foundation Day of Arya Samaj**

The Foundation Day of Arya Samaj was celebrated with full enthusiasm. Students of various departments took part in the ceremony and shared their views on Principles of Arya Samaj and their importance in present scenario. Principal Prof. Dr. (Mrs.)

Ajay Sareen addressed the students and said that we should all bow our heads in front of great personalities of Arya Samaj. HMV is continuously working for spreading the principles of Arya Samaj among young generation of the country. It will definitely give a positive and beautiful change to the society. She also inspired to adopt Vedas, Yoga and Pranayam in day to day life. She paid tribute to the great writer of "Satyaprakash" and congratulated everybody on new Hindu year. In the evening, a yoga session for resident scholars was also organized. Dean Vedic Adhyayan Dr. Mamta congratulated all on this occasion. Head of Sanskrit Department Dr. Meenu Talwar made the students understand the real meaning of "Swarajya" and "Swadesh". She also presented vote of thanks. Head of Hindi Department Dr. Jyoti Gogia and Hostel Wardens were also present there.



**01/04/2023**

### **Foundation Day Ceremonies started at HMV with Havan Yajna**

To mark the beginning of Foundation Week celebrations, the teaching and non-teaching members of Hans Raj Mahila Maha Vidyalaya along with Principal Prof. Dr. (Mrs.) Ajay Sareen performed Havan Yajna. On this occasion, Principal Dr. Ajay Sareen said that every year, foundation day of the college is celebrated every year with



enthusiasm. She also thanked President DAVCMC Padamshree Dr. Punam Suri and all the members of DAVCMC and Local Committee for their continuous support. She said that each and every member of teaching and non-teaching staff give his/her cent percent towards the development of the college. Dean Academics Dr. Seema Marwaha said that we all should work with full cooperation. Staff Secretary Dr. Gagandeep, Dean Vedic Studies Dr. Mamta, Superintendents Mr. Pankaj Jyoti, Mr. Lakhwinder Singh and Mr. Ravi Maini also gave their best wishes. All Deans, Faculty Incharges, members of non-teaching staff, Hostel Head girl were present on this occasion. The Havan conducted with Shanti Path and Prasad distribution.

**07/04/2023**

### **HMV Celebrated 97<sup>th</sup> Foundation Day**

Under the sagacious and visionary guidance of Principal Prof. Dr. (Mrs.) Ajay Sareen Hans Raj Mahila Maha Vidyalaya, Jalandhar celebrated 97<sup>th</sup> Foundation Day. On this pious and glorious occasion Justice (Retd.) Sh. N.K. Sud, Vice President, DAVCMC & Chairman LC and his wife Mrs. Arunima Sud graced the occasion as Chief Guests. Sh. Ramesh Arya, Vice President, DAVCMC, Mrs. and Mr. Arvind Ghai, Secretary DAVCMC, Sh. Sudhir Sharma, Sh. S.P. Sehdev, Mrs. and Mr. Y.K. Sud, Dr. Sushma Chawla, Sh. Surendra Seth, Dr. Pawan Gupta, Sh. Kundan Lal Aggarwal, Sh. Bhushan



Sharma, Regional Manager PNB, Dr. Vijay Mahajan and Mrs. Vani Vij, Dainik Savera Times also joined us for celebrations. S. Lakhwinder Singh Johal and S. Surinder Singh from Lok Manch Punjab, Sh. Gaurav and Sh. Gaba from Jio tag were also present. The honourable guests were given a beautiful floral welcome by Principal Prof. Dr. (Mrs.) Ajay Saree. She reiterated the commitment of this institution to follow the vision and path shown by Mahatma Hans Raj and Mahatma Anand Swami. She expressed her deep heartfelt gratitude for President DAVCMC Padamshree Dr. Punam Suri Ji and all LC members for their continuous support and blessings. Sh. Surendra Seth, Member LC donated Rs. 1.00 Lac to college on this pious occasion. Many short term courses were launched on this day as a step towards progress and innovation. Self Grooming Course, Office Productivity, Software Development, Basics of Research, Human Rights, Personality Development, HMV Vision Newspaper are among some of them. The members of teaching and non-teaching staff who have completed 25 years of committed service in this college, were honoured. The college has to its credit being the first campus to have Jio 5G tag. The college also launched AQI Project Aab-O-Hawa which will measure the Air Quality Index of HMV. Justice (Retd.) Sh. N.K. Sud also honoured Principal Dr. Ajay Sareen for receiving an award by World Human Rights Organization. Principal Dr. Sareen also has the distinction of being published in the first edition of National Magazine Wings of Vision as "Iron Lady. A choreography depicting the journey of HMV was shown by the students. All the guests, teaching and Non-teaching members and students took the pledge for making HMV, the first Zero Waste Institute of the Country.



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